

## The Caselet

A 70 y/o male presents with hyponatremia (Na=110). His only symptom is dizziness and near-syncope. He has been gardening in 95 degree weather for the last 5 days and drinking iced tea for thirst. Recently HCTZ was added for longstanding HTN. His PMH is negative except for type II DM and moderate COPD. His meds include HCTZ, Atrovent, Norvasc, ibuprofen, and albuterol. Exam is noncontributory except BP 100/80 P 80 sitting, 80/60 P 80 standing. His lab is unremarkable except Na 100, Cl 80, BUN 1.8, BUN 60, glucose 90.

What is the most likely cause(s) of his hyponatremia?