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## FACULTY, STAFF, RESIDENT AND STUDENT NOTES . . .

### WELCOME TO

Beverly Abbott, LMHT, new patient care clinical coordinator.

### CONGRATULATIONS

Susan Carr, MD, assistant professor, Chair of the Sedgwick County Suicide Prevention Task Force Methodology Committee.

Kaleem Syed, MD, past resident, on receiving the AACAP Outstanding Child and Adolescent Psychiatry Resident Award for the second year, at the 53rd annual meeting of the American Academy of Child and Adolescent Psychiatry in San Diego, CA.

### PUBLICATIONS

**Preskorn, SH**, Greenblatt, DJ, Flockhart, D., Luo, Y., Perloff, E.S., Harmatz, J.S., Baker, B., Klick-Davis, A., Desta, Z., and Burt, T, Comparison of duloxetine, escitalopram, and sertraline effects on cytrochrome P450 2D6 function in healthy volunteers. *J Clin Psychopharmacol*, February 2007; 27(1):28-34.

**Preskorn, SH**, Lombardo, I, Alderman, J, Wilner, K, and Miceli, J, Effect of Food on Absorption of Ziprasidone. *Clinical Pharmacology and Therapeutics*, March 2007; 81(1):S82.

Ong, VS, Deng, C, Murray, M, Lowe, D, Kittrelle, J, and **Preskorn, SH**, Effect Lack of Hemodynamic Effect of MEM 1003, A Dihydropyridine Calcium-Channel Blocker: An Exposure-Safety Relationship Assessment. *Clinical Pharmacology & Therapeutics*, March 2007; 81(1):S64.

Ozdemir V, Williams-Jones B, Graham JE, **Preskorn, SH**, Gripeos, D, Glatt, SJ, Friis, RH, Reist, C, Szabo, S, Lohr, J, and Someya, T, "Asymmetry in scientific method and limits to cross-disciplinary dialogue: Towards a shared language and science policy in pharmacogenomics and human disease genetics." *Journal of Investigative Medicine*, April 2007; 55(3):130-141.

### PRESENTATIONS

Sheldon Preskorn, MD, presented "The evolution of antipsychotic drug development over the last 60 years and into the near term future" at the Stanford Psychiatry Grand rounds on Feb. 8.

Don Brada, MD, interim chair, Psychiatry and Behavioral Sciences, was a member of the planning committee and chair of a workshop at a conference on "Mental Health Needs of Returning Soldiers and Their Families" presented March 8-10 in Columbia, Mo.

Don Brada, MD, interim chair, was the legislative representative from the Kansas Psychiatric Society to the APA Advocacy Day event on March 17-21 in Washington, DC.

Ong, VS, Deng, C, Murray, M, Lowe, D, Kittrelle, J, and **Preskorn, SH,** presented Lack of Hemodynamic Effect of MEM 1003, A Dihydropyridine Calcium-Channel Blocker: An Exposure-Safety Relationship Assessment. A poster presented at the American Society for Clinical Pharmacology and Therapeutics (ASCPT) Annual Meeting March 21-24 in Anaheim, Calif.

Sheldon H. Preskorn, MD, presented the psychiatric portion of the annual review course held by the ASCPT in conjunction with the annual meeting March 21-24 in Anaheim, Calif.



Psychiatry and Behavioral Sciences
# Communicator

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# Mental Health Needs of Returning Soldiers and Their Families

I've had the pleasure of knowing and associating with Dr. Arshad Husain through the American Psychiatric Association (APA) Area IV Council and the Assembly of District Branches for a number of years. Dr. Husain is a professor and chief, Division of Child and Adolescent Psychiatry and the director, University of Missouri International Center for Psychosocial Trauma in Columbia, Mo.

Knowing of my previous experience as a military (Air Force) psychiatrist during the Viet Nam era, Dr. Husain approached me last fall, asking if I would be willing to be a member of a planning committee, to put together a conference on the mental health needs of returning soldiers, to be held in Columbia, Mo in the spring. I responded that I was more than happy to assist, and it turned out to be a very rewarding experience.

The planning committee included a wide array of clinicians and administrators, mostly from the Columbia area. There were representatives from the area community mental health departments, the Missouri equivalent of our State Department of SRS, the Columbia Veterans Hospital, the Missouri Institute of Mental Health in St. Louis and a representative of the Conflict Management Section of the World Psychiatric Association in Washington, D.C.

Early in the planning process it became evident that the needs were not only for the returning soldiers, but their families as well. And the needs were not just when the soldiers returned, but before they were deployed, and while they were gone. This was underscored by the comments of one presenter, Col. Stephen Coza, associate director of the Center for the Study of Traumatic Stress at the Uniformed Services University, who said, "… the question is how, not whether; these conditions are affecting children and spouses."

One particularly moving presentation was by Major Geoffrey Grammer, Chief of Inpatient Psychiatric Services at Walter Reed Army Medical Center. Major Grammer was deployed to Iraq and had a wonderfully insightful slide presentation showing his life before deployment (in the Washington area), preparing for deployment, arriving in Iraq, surviving in Iraq, and then, returning to Washington, D.C.

Other presentations were by psychiatrists at the Columbia Veterans Hospital on working with returnees, a physical medicine and rehabilitation specialist on working with traumatic brain injury (TBI) victims, a teacher/administrator on working with children in families where one, and sometimes, both, parents are or have been deployed, a clinical psychologist and post traumatic stress disorder (PTSD) Clinical Team Leader at the Columbia Veterans Hospital, presenting some new thoughts about a new model of PTSD and some intriguing outcome data on Cognitive Processing Therapy.

On the first full day of the conference there were approximately 300 attendees and about 200 returned for the second (half) day. Dr. Husain plans to have a multimedia compilation of the conference presentations available for wide dissemination.

By: Don Brada, MD
*Interim chair and professor*

### THIS IS YOUR NEWSLETTER

*Let us hear from you!*
Contact: Mary Spachek
Call: 316-293-2669
Write: 1010 N. Kansas
Wichita, KS 67214
E-mail: mspachek@kumc.edu

### COMMUNICATOR ON LINE

Share the Communicator without giving up your copy. It can viewed at: http://wichita.kumc.edu/psych/ Archived issues can also be viewed.

# Fall Semester in Review for the Psychiatry Interest Group (PsyIG)

By: Jessica Veeh, MS3, Kari Hamlin, MS3, Allen Davied, MS3

The PsyIG group met Aug. 24, 2006 where a Board of Directors was formed for the 2006-07 Academic year. The Board of Directors are:

Jessica Veeh, MS3 - Co-chair
Kari Hamlin, MS3 - Co-chair
Warner Peng, MS3 - National Depression Screening Day
Casey Cordts, MS3 - Suicide Task Force
Seth Vernon, MS 3 - Liaison with National Alliance on Mental Illness (NAMI)
Francisco Chacon, MS3 - Link for Life Run
Allen Davied, MS3 - Film Festival Series
Michael Burke, MD, PhD, - Faculty Advisor

During the fall semester, PsyIG held "Third Thursday" monthly meetings with board members, third and fourth year medical students, psychiatry residents, and faculty, at various locations around Wichita. The meetings provided a venue for planning social service activities, educational discussions and socializing.

At one meeting, Dr. D'Empaire gave a presentation regarding her fellowship researching Delirium at the National Institutes of Health (NIH). Plans for future Third Thursdays include discussion of hypnosis and inviting a certified hypnotist to present to the group. Students have found these gatherings enjoyable and informative and appreciate the opportunity to interact with psychiatry residents and faculty. All medical students are welcome and encouraged to attend these meetings. Drinks and appetizers are available.

The PsyIG Group participates in many community service projects. The members participated in depression screenings during National Depression Awareness Week in Oct. 2006. The first depression screening and suicide awareness event was held at Wichita State University. Warner Peng, MS3, organized the event with help from a number of medical students involved with the group, in conjunction with Wichita State University's (WSU) Psychology Department. A booth was set up in the student center with information flyers detailing depression and suicide warning signs, acknowledging an increasing number of suicides on college campuses. A screening questionnaire was available for college students to assess depressive symptomatology and suicide risk. These students could then review concerns with PsyIG members who were supervised by faculty and residents. A number of WSU students stopped by and the event was a huge success! This was a great opportunity for both schools to interact in an attempt to spread awareness to this population.

PsyIG members also collaborated with the Sedgwick County Mental Health Association and the Hispanic Health Fair to perform depression screenings and suicide risk assessments. These activities were well received, enjoyable for the medical student participants, and emphasized the role of KU in the Wichita community.

The PsyIG held their first "Psychiatry Film Festival" Nov. 16, 2006. The film festival series débuted with a screening of the 1948 movie "THE BAD SEED" produced and directed by Mervyn Leroy, who also produced "The Wizard of OZ". The Bad Seed provided a dramatic presentation of the fundamental controversy of nature versus nurture relevant to antisocial behavior and sociopathy. Dr. Jana Lincoln, PGY 4, psychiatry resident, along with assistance from Allen Davied, MS3, organized the inaugural film festival. The film festival was free of industry sponsorship and paired with a pot-luck, buffet dinner provided by PsyIG board members. The event was well attended by medical students, residents and faculty. Afterward Dr. Susan Brewer from COMCARE, and Dr. Sheldon Preskorn from KU, led an analysis of the film highlighting the biology of behavior, psychodynamics and cultural history. The outstanding Dr. Michael J. Burke entertained the crowd with invigorating questions concerning the film and the history of medicine and western culture. Prizes were awarded for correct answers. To quote one of the student attendees, the launch of the film festival was "a rousing success."

# PsyIG Film Festival By: Allen Davied, MS3

The PsyIG held their second "Psychiatry Film Festival" in Feb. 2007. The film festival showed the 2004 documentary movie "What The Bleep Do We Know!?," starring Marlee Matlin. Originally released in Feb. 2004 in one theater in Yelm, Washington, *What the BLEEP Do We Know!?* went on to become the fifth highest grossing documentary in the United States. Although rejected by every major film festival (Sundance, Berlin, Toronto, Cannes, etc...), *What the BLEEP,* did get entered in five smaller festivals, and won in every one. This, along with the grass roots, word-of-mouth campaign, kept the film in theaters for months on end. Following its theatrical run, the DVD immediately shot to the top of Amazon's best selling list, and was named Amazon's number one DVD surprise of the year. To date, it has sold over a million copies. Currently the film is now theatrically distributed in over 35 countries worldwide. A series of conferences was held featuring the speakers from the film, along with other notable leaders in the consciousness arena. "BLEEP" study groups spontaneously arose around the country, then the world, with people who did not want to let the ideas put forth in the film die, and who wanted to investigate and discuss them with like minded explorers.

The movie provided a full-spectrum approach to human consciousness and the interaction of different biochemical mechanisms on the mind, both in anatomical levels, as well as the spiritual level. The movie thrashes out the old debate regarding the issue of chance vs. constructing our own destiny. Are we the victims of circumstances, or are we the creative forces driving our own environment?

Dr. Jana Lincoln, PGY 4, psychiatry resident, along with assistance from Allen Davied, MS3, organized the film festival. The film festival was, again, free of industry sponsorship. The event was well-attended by medical students, residents and faculty. Afterward the group participated in an analysis of the film highlighting the biology, psychodynamics and cultural history.



# Third Annual George Dyck Lectureship

By: Connie Marsh, MD, Clinical Associate Professor

Dr. Soo Borson, Professor of Psychiatry and Behavioral Sciences and director of the Memory Disorders Clinic, at the University of Washington School of Medicine, presented the third annual George Dyck Lectureship to a capacity crowd Jan. 9 at Via Christi Medical Center - St. Joseph's campus. Dr. Borson lectured on "Learning to Be Old," and discussed her ongoing research into integrating medical and psychosocial care of the patient with Alzheimer's dementia. Dr. Borson has extensively published in the area of geriatric psychiatry, and has numerous ongoing and past research grants in the field, including research into improving the detection and treatment of dementia in the primary care setting. She has also been extensively involved in the American Association of Geriatric Psychiatry, serving as president from 1999-2000.

*Connie Marsh,MD, Soo Borson, George Dyck, MD*

The George Dyck Lectureship was established to honor the outstanding career contributions of Dr. George Dyck, a pioneer at the University of Kansas School of Medicine-Wichita. Dr. Dyck contributed greatly to geriatric psychiatry, as well as to the training of medical students, residents and geriatric psychiatry fellows. His influence dates back to the beginnings of the medical school in Wichita, being named the first Chairman of the Department of Psychiatry in 1973, and subsequently establishing the general psychiatry residency training program. He also established the geriatric psychiatry residency training program. He dedicated his career to patients, families, community development of services, the training of physicians in psychiatric and geriatric psychiatry, and organized state and national efforts to improve the care of psychiatric patients.

The George Dyck Lectureship brings prominent researchers and leaders from across the country and around the world to Wichita to present the latest findings in topics of geriatric psychiatry.

# National Doctors' Day Celebration By: Mary Spachek

The history of Doctors' Day dates back to 1933 when the anniversary of the first use of general anesthetic in surgery, (March 30, 1842), was observed on March 30, 1933.

*Dr. Brada, Dr. Baade, Mary Spachek, Janice McAdam, Dr. Marsh and Dr. Preskorn get ready to celebrate.*

In 1990, President George H. W. Bush signed a resolution designating March 30 as National Doctors' Day and the first day was celebrated in 1991.

The Psychiatry faculty and residents were treated to an early National Doctors' Day celebration Wednesday, March 28. Faculty and residents were given thank you cards signed by staff and a cake was presented to faculty at the weekly faculty meeting.

## POSITION ANNOUNCEMENT
## Clinical Instructor

The University of Kansas School of Medicine-Wichita (KUSM-W) is seeking exceptional candidates for two (2) Clinical Instructor positions in the Department of Psychiatry and Behavioral Sciences.

Successful candidates must be board-certified or board-eligible in Psychiatry, licensed to practice medicine in the State of Kansas, and possess a current DEA certificate. Candidates must also have hospital privileges at Via Christi and be in good standing with the State Board of Healing Arts. Responsibilities would include providing psychiatric services in the faculty outpatient clinic, including medical students in clinical experience, providing back-up psychiatric services to patients admitted without an assigned psychiatrist at Via Christi Hospital, preparing and presenting formal lectures in topics for residency and medical student training as required by the department, and providing call and weekend rounds as per rotation schedule with other faculty in the department.

If interested please contact, Janice McAdam 316-293-3568 or jmcadam@kumc.edu, or go to http://jobs.kumc.edu.