KU SCHOOL OF MEDICINE WICHITA
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Message from the Chair

Fall is upon us and many changes are in the air. The Department of Psychiatry and Behavioral Sciences has always provided excellent teaching to medical students and residents.

In the residency, we are undertaking a national search for a new training director. My sincere thanks to Don Brada, MD, for serving as interim Training Director after a hugely successful stint as interim Chair.

Medical student education is a hot topic as well. Many possibilities exist to further develop our interactions with students. An expanded neuroscience focus is clearly in store. Psychiatry exists in very exciting times, helping our students and colleagues understand this is important to our future.

We have the go-ahead to restart the geriatric psychiatry fellowship. Hopefully, we can be ready for a fellow in July of 2009. Dr. Baade has started a neuropsychology fellowship, and we will be able to recruit for a new fellow each year for the two-year program. We are also hoping that a therapy-based position for the internship will be available as early as next summer.

As you know, I am a child and adolescent psychiatrist and Wichita is likely the most underserved city in the U.S. We will be actively recruiting child psychiatrists throughout the coming years with a goal to start a child psychiatry fellowship.

We also have hired two ARNPs, Kristin Jones and Kurt Leis. There will be additional hires for therapists, probably more psychologists, and other professionals. The goal is to be able to offer a truly interdisciplinary treatment program.

I also would like to welcome Chester 'Chet' Day, MD, and Jana Lincoln, MD, to the faculty.

Expansion in our consultation and liaison and collaborative care with other health care professionals will follow.

Of special note: Dr. Mujeeb Shad, who is now at UT Southwestern in Dallas, was recently funded for a K23 career development award through NIH. It is great to hear from our former trainees and colleagues. Congratulations to Dr. Shad.

It is an exciting time to be at the Medical School and specifically in Psychiatry and Behavioral Sciences. I hope you are up for a fantastic ride.

Sincerely,

Russ Scheffer

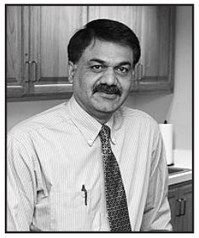
THIS IS YOUR NEWSLETTER

Let us hear from you!
Contact: Mary Spachek
Call: 316-293-2669
Write: 1010 N. Kansas
Wichita, KS 67214
E-mail: mspachek@kumc.edu

COMMUNICATOR ON LINE

Share the Communicator without giving up your copy. It can viewed at: http://wichita.kumc.edu/psych/ Archived issues can also be viewed.

Congratulations



Ahsan Khan, MD

Congratulations to Ahsan Khan, MD, clinical associate professor, for being the winning recipient of the award for his article on "Clinical and Demographic Factors Associated with DSM-IV Melancholic Depression," which was in the second issue last year of the *Annals*.

The American Academy of Clinical Psychiatrists (AACP) established its Clinical Research Award in 1979. Original unpublished papers were solicited in the *Annals of Clinical Psychiatry*. Winners are selected annually from original research published during the calendar year. Dr. Khan will be presented his award at the AACP annual conference in San Francisco, Calif., on March 15, 2008.

FACULTY, STAFF, RESIDENT AND STUDENT NOTES . . .

CONGRATULATIONS

Congratulations to **Laurie Coyner, MD,** on becoming board certified. Dr. Coyner is a 2004 graduate of our residency program and a 2005 graduate of our geriatric fellowship.

Congratulations to **Mujeeb Shad, MD,** on his K23 grant. Dr. Shad is a 1998 graduate of our residency program.

PUBLICATIONS

Morris DW, Trivedi MH, **Khan AY** et al., Diurnal mood variation in outpatients with major depressive disorder: Implications for DSM-V. *Journal of Clinical Psychiatry* 2007; 68(9):1339-1347.

Khan AY, Ludvigson L, Stewart M, Menopause manifesting as bipolar symptoms. *Journal of Psychiatric Practice* 2007; 13(5):339-342.

Scheffer, R. E. (2007). Concurrent ADHD and bipolar disorder. *Curr Psychiatry Rep, 9*(5), 415-419.

PRESENTATIONS

Mercedes Perales, MD, presented "Adolescent Psychiatry and Adolescent Suicide" July 18 at the Eighteenth Annual Kansas School Nurse Conference, Wichita, Kan.

Sheldon Preskorn, MD, presented "Weight gain and antipsychotics: What are the health care implications and what to do?" and "Advances in the understanding of pathophysiology of Alzheimer's disease and the implications for drug development" September 21 at the 28th Annual Meeting of the Association of Community Mental Health Centers for Kansas.

Psychiatry Interest Group (PsyIG) Happenings

By: Brian Schmidt

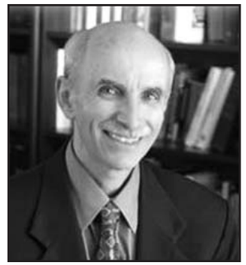
With the start of the new academic year, the Psychiatry Interest Group (PsyIG) has recommenced with their goal of providing a social environment in which to learn about psychiatry and neuroscience and perform community service for persons with mental illness. An initial meeting was held in August, and an enthusiastic new board of directors was selected from the medical student classes on the Wichita campus. Members of the board will be directing individual projects throughout the year.

Off and running, the first community service project was the Wichita Memory Walk on September 22 to raise funds for Alzheimer Disease research. The PsyIG group generated more than $800 for the Alzheimer's Association. The effort was co-chaired by Ashley Robertson MS-3 and Danika Little MS-4.

The next planned activity is participation in National Depression Screening Day. The PsyIG students will be collaborating with the WSU Counseling Center to perform depression screenings of college students on October 8 at the WSU Rhatigan Student Center. We have collaborated with WSU for depression screenings over the past two years, which have been particular rewarding considering the rising rate of suicide among students on college campuses. This activity is being co-chaired by Joanna Toews MS-4 and Erin Zahradnik MS-3.

On a lighter note, PsyIG is planning its second annual Film Series. This year promises to be of interest to everyone in the KUSM-Wichita family with a selection of four independent and nationally acclaimed films. More details are to follow, but we have already obtained the rights to "Manhattan, Kansas," which was a highlight of last year's Tallgrass Film Festival depicting Bipolar Disorder and its affect on families. Look for announcements to follow on the Film Series screening dates.

Dr. Preskorn addresses Chinese physicians



Sheldon Preskorn, MD

Sheldon Preskorn, MD, professor of Psychiatry at the Kansas University School of Medicine-Wichita (KUSM-W) and Chief Executive Officer of the KUSM-W affiliated Clinical Research Institute, was invited to address Chinese physicians on the topic of drug-drug interactions and modern drug development during a tour of five major Chinese cities from June 28 – July 3, 2007.

These cities included Beijing, China's capital, three provincial capitals, and Shanghai, the financial capital of China. The three provincial capitals were Lanzhou, Guangzhou, and Hanzhou. Lanzhou is the largest city in western China, and physicians came from many different western provinces to hear Dr. Preskorn.

Dr. Preskorn addressed approximately 1,000 Chinese physicians at five locations. The majority of physicians were psychiatrists, but approximately 40% were also primary care physicians and neurologists.

The goal was to increase awareness and understanding of drug-drug interactions including the mechanisms underlying such interactions, how they clinically present, how they are studied, and how drug development is aimed to reduce the likelihood that new drugs will cause clinically significant drug-drug interactions.

The sessions were chaired by physicians from various Chinese Institutes of Mental Health, the provincial offices of mental health for the three provincial capitals he visited, universities, and the Chinese Psychiatric Association. These included Beijing Institute of Mental Health, Beijing Anding Mental Hospital, Hunan Institute of Mental Health, Guangzhou Medical College and Jinan University in Guangzhou, Tongji University in Shanghai, and Hebei University in Hebei.

At the conclusion of the full series of meetings, Dr. Preskorn was asked to return for a day-long session on this topic and related topics in the area of medications used to treat various psychiatric illnesses at some future time.

Dr. Preskorn is noted for his work in the areas of drug-drug interactions and drug development research particularly in the area of psychiatry and neurology. In regard to the latter, he has been a principal investigator on the registration trials of every antidepressant marketed in the United States in the last quarter of a century as well as many antipsychotic medications and medications for the treatment of Alzheimer's disease. Dr. Preskorn conducts his research through the KUSM-W affiliated Clinical Research Institute, which is internationally known for its work.

Scheffer joins national board

The Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) announced the appointment of Russell Scheffer, MD, chair and professor, Psychiatry and Behavioral Sciences, to the Editorial Board of the AACAP. The appointment is renewable for three years. Established in 1953, the AACAP is the world's leading publication focused on mental illness and is highly rated among pediatric focused journals dedicated to treating and improving the quality of life for children, adolescents, and families affected by mental, behavioral, or developmental disorders.

"This appointment is an example of the status and recognition Dr. Scheffer has earned among his peers across the country in the field of psychiatry," Dean S. Edward Dismuke, MD, MSPH said. "As chair of Psychiatry and Behavioral Sciences at the medical school, he will significantly enhance our research efforts and recruitment strategies for new psychiatrists in our community."

The JAACAP consist of more than 7,500 child and adolescent psychiatrists and physicians. Members actively research, evaluate, diagnose, and treat psychiatric disorders and pride themselves on providing direction as well as responding quickly to new developments in addressing the health care needs of children and their families.

Reprinted from the Monitor, September 2007

Psychiatry Welcomes New Residents

The faculty and staff of the Department of Psychiatry and Behavioral Sciences extended a welcome to our new residents who started on July 1.

Kathrine Girrens, MD, PhD, is a 2007 graduate of University of Kansas School of Medicine-Kansas City. She was raised in Wichita and received her undergraduate degree at Newman University. She received her Master's Degree in Psychology from Wichita State University and also earned her PhD in Community Clinical Psychology from Wichita State.

Trever Krehbiel, MD, is a 2007 graduate of the University of Oklahoma College of Medicine, Oklahoma City. He received his undergraduate degree in Life Sciences at Kansas State University.

Rene Duregger, MD, is a 2007 graduate of Saint George's University. She received her undergraduate degree in biochemistry from Iowa State University and an MBA degree from the University of Northern Iowa.

Daniel Coulter, MD, is a 2007 graduate of Creighton University School of Medicine, Omaha, Neb. He received his bachelor's degree from the University of Iowa and his Master's of Science degree in biology from the University of Southern California, Los Angeles, Calif.

Jason Etheredge, MD, PhD, is a 2007 graduate of Texas A&M System HSC, College of Medicine, Houston, Tex. He graduated with the dual degrees of MD and PhD. Dr. Etheredge received his undergraduate degree from the University of Kansas with a degree in genetics.

Matthew Macaluso, DO, joined our program Oct. 1 as a PGY 3 resident. He comes to us from the Robert Wood Johnson Medical School, University of Medicine and Dentistry of New Jersey. Dr. Macaluso completed his medical school education at the University of Medicine and Dentistry of New Mexico School of Osteopathic Medicine. His fiancé has joined him here in Wichita and both are enjoying getting acquainted with Kansas.

Girrens

Krehbiel

Duregger

Coulter

Etheredge

Macaluso

Congratulations

Congratulations to Connie Marsh, MD, associate professor with the Department of Psychiatry and Behavioral Sciences, for being named top psychiatrist and to Susan Carr, MD, assistant professor with the department, who received honorable mention in the July/August edition of the *Wichita* magazine.

Dear Psychiatrist,

I am interested in understanding your experience with second generation antipsychotics (SGAs). I am asking you and others to better understand physician`s regularity of prescribing SGAs by completing a survey. This survey will take about 2 minutes and does not identify you. Your participation is voluntary, and your response would be appreciated. If you have any questions, please contact me by e-mail at akhan@kumc.edu.

Here is the link to the survey: http://www.survey monkey.com/s.asp?A=181008767E7089

Ahsan Y. Khan, MD
Associate Professor

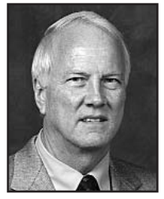
Welcome New Faculty and Staff

We are pleased to announce that Jana Lincoln, MD, has joined the Department of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine-Wichita (KUSM-W) as a clinical instructor. Dr. Lincoln completed her residency at KUSM-W from 2003 to 2007. She received the CRI Research Award for 2006-2007. We are excited to have Dr. Lincoln back with us. Her office contact number is 316-293-2647.

We are also pleased to announce that Chester Day, MD, has joined the Department of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine-Wichita as a clinical assistant professor. Dr. Day received his Doctor of Medicine Degree in 1973 from the University of Kansas School of Medicine-Kansas City and completed his psychiatric residency in 1976 at the University of Kansas Medical Center. Dr. Day returns to Kansas from North Carolina. His office contact number is 316-293-2647.

We are also pleased to announce that Kristin Jones, MSN, ARNP, BC, and Kurt Leis, MSN, ARNP, BC, have joined the department. They will be seeing outpatient patients at the KU Psychiatry Outpatient Clinic. They can be reached at 316-293-2647.

Lincoln



Day

Jones

Leis