Welcome Mark Romereim, MD

We are pleased to announce that Mark Romereim, MD, has joined the Department of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine -Wichita, as a clinical assistant professor, effective Aug. 11, 2008.

Dr. Romereim completed his Doctor of Medicine and his residency from the University of Kansas School of Medicine-Wichita. Dr. Romereim received his undergraduate degree in Psychology from Wichita State University.

FACULTY, STAFF, RESIDENT AND STUDENT NOTES . . .

CONGRATULATIONS

Nicole Klaus, PhD, and her husband on the birth of their twins.

Matthew Macaluso, DO, fourth-year resident, and his wife on the birth of their son.

Victor McNerney, DO, and **Rafique Shaikh, MD,** for passing Part 1 of their ABPN board exams.

Robert McHale, MD, third-year resident, on his marriage.

Matthew Macaluso, DO, fourth-year resident, on his marriage.

Michael J. Burke, MD, PhD, for passing his geriatric psychiatry board recertification.

Michael J. Burke, MD, PhD, was named the Associate Editor for Psychiatry for MedEdPORTAL.

Michael J. Burke, MD, PhD, was named Chair of the National Task force on Resources for Psychiatry Education of Medical Students of the Association of Directors of Medical Student Education in Psychiatry (ADMSEP) in Galveston, TX.

Michael J. Burke, MD, PhD, current president of the Kansas Psychiatric Society (KPS), was selected as one of 10 consultants to participate in the American Psychiatric Association's (APA) District Branch Website Project.

PRESENTATIONS

Michael J. Burke, MD, PhD, the Principal Investigator of the National Multicenter Treatment Resistant Depression Registry, and **Dana Soetaert, PhD,** the study coordinator, presented, *The Treatment Resistant Depression Registry: Lifetime Profile of Pharmacotherapy at Baseline* at the Annual Meeting of the Society of Biological Psychiatry in May in Washington, D.C.

Kristin Jones, ARNP, presented *Mythbusters: Reality vs. myth in ADHD* at the Psychiatry Grand Rounds on Sept. 23, 2008.

Kristin Jones, ARNP, presented *Child and Adolescent Mental Illness: An Overview* at the Foster Care Affair on Sept. 26, 2008.

PUBLICATIONS

Macaluso M. and Khan AY. *A 19-year-old Black Woman with Psychotic and Depressive Symptoms. Psychiatric Annals. 2008; 38(5):312-314.*

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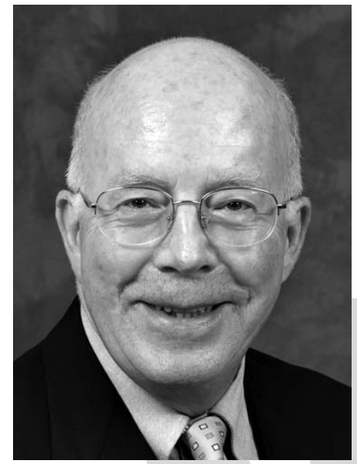
Memoir of a "Jack of All Trades"



Don Brada, MD

As I begin the process of phasing out of my current position of Interim Program Director in the Department of Psychiatry and Behavioral Sciences, I have spent some time looking back on my involvement with the department with great pride and many memories. I have had the benefit and longevity of being associated with the Department of Psychiatry at the University of Kansas School of Medicine-Wichita since its inception. I have been able to function as a "jack of all trades" in many differing roles.

Shortly after resigning from the Air Force and moving to Hutchinson to begin my practice in 1976, I became a volunteer instructor in the Department of Psychiatry (WSU branch). My job description at that point was to, first of all, create or tap into any possible interest of rural family physicians in psychiatric post-graduate education. I quickly found that there were several pockets of interest in several smaller communities and hospitals in central Kansas. It should be noted that Neal Roach, MD, who was at the Hertzler Clinic in Halstead, was also working in that area. We both reported to the Founding Chairman of the Department of Psychiatry, George Dyck, MD.

From October 1977 through June 1991, I held the title of clinical assistant professor (volunteer) in the Department of Psychiatry. In 1987, I moved my practice to Wichita and became the medical director of psychiatry at St. Francis Regional Medical Center. I immediately established an affiliation with the Department of Psychiatry which had two primary areas of focus. First, I was involved in the establishment of the Psychiatric Research Institute (PRI), a joint venture between the Department of Psychiatry and St. Francis Regional Medical Center, with Sheldon Preskorn, MD, as the CEO. I also served on the PRI advisory board for several years. Second, I created a fourth year inpatient clinical rotation at St. Francis that was later moved to St. Joseph when the "two Saints" were merged and the St. Francis Inpatient Psychiatric Unit was closed. The emphasis of that fourth year inpatient rotation was on giving the residents increasing autonomy while still working under appropriate supervision. The goal was to approximate the role that the resident would have after completing his or her training.

When the St. Joseph Inpatient Psychiatric Unit was moved to Good Shepherd, my inpatient rotation shifted in emphasis and I supervised, along with Michael Burke, MD, one of the two inpatient teaching services.

During that time, I was also the medical director of the Assessment Center at St. Joseph with oversight of residents during their emergency psychiatry rotation.

In December 2006, I vacated my position as an inpatient teaching service director and retired from clinical practice in order to assume the role of Associate Dean for Graduate Medical Education for the KU School of Medicine-Wichita.

In January 2007, I assumed the position of Interim Chairman of the Department of Psychiatry and stayed in that position until June of that year when Russell Scheffer, MD, was recruited and arrived on the scene. However, at that time, John Bober, MD, announced his resignation from the position of program director, and I assumed his position on an interim basis in July 2007 and still hold that position. I will be phasing out of that position over the next three to six months.

The variety of experiences in my involvement with the Department of Psychiatry has given me a unique opportunity to view our department. In addition, my involvement with the Kansas Psychiatric Society, and the American Psychiatric Association as a representative to its Assembly of District Branches, has allowed me to observe how our program compares with other programs on a national level. I have made the following observations about our

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THIS IS YOUR NEWSLETTER

Let us hear from you!

Contact: Mary Spachek
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Write: 1010 N. Kansas
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E-mail: mspachek@kumc.edu

COMMUNICATOR ON LINE

Share the Communicator without giving up your copy. It can viewed at: http://wichita.kumc.edu/psych/ Archived issues can also be viewed.

Welcome Back, Brenda!

By Janice McAdam, Department Administrator

Some of you reading this newsletter may remember a transcriptionist and medical records clerk that started here in 1994 named Brenda Rongkawit. Brenda moved into a front desk supervisor position for a brief time. After four years of working, and part of those years going to night classes, she decided to quit her job here and pursue her Bachelor's degree in Health Service Organization and Policy at Wichita State University. We were saddened by the decision but knew that this was a positive career move for Brenda. Now Brenda is back. On June 17, 2008, she returned as our psychiatry faculty clinic manager.

While she was away, Brenda completed her degree in 2000 and went on to obtain her Master's in Health Care Leadership at Friends University in 2007. However, that is not all she has been doing. After completing her Bachelor's degree, Brenda went to work for Preferred Medical Associates (PMA) South Wichita Clinic as the office manager. In her fourth year there, the clinic switched from being a PMA clinic to becoming part of Family Med Centers group practice. Brenda left there and went to Wesley Family Practice Clinic.

Brenda took some time off to complete her Master's and at the same time was involved in her children's school and outside activities. Her son, Seth, is a college sophomore and business major at Wichita State University. Tara, Brenda's daughter, is a sophomore at Sunrise Academy. Brenda's husband, Sam, is pursuing a career as an ultrasound technician.

The department is pleased to have Brenda back. With the knowledge and skills she gained through her training and experience, Brenda will be a tremendous asset to the clinic and department.

Medical Students Receive Ron Martin Awards

By: Brian Schmidt

The Department of Psychiatry and Behavioral Sciences has established a series of awards in honor of Ronald L. Martin, MD, who was Professor and Chair of the Department from 1988 until his death in 1998. Dr. Martin, a prominent researcher, clinician, and teacher, was committed to fostering interest among medical students in psychiatry as a career. Accordingly, the department gives these awards to 3rd and 4th year medical students at KU School of Medicine-Wichita who have successfully completed their neuropsychiatry clerkship.

Michael Burke, MD, center with Erin Zahradnik and Veronica Amey after they received their awards.

The 2008 Ron Martin Award for Psychiatry Clerkship Performance was given to Kari Hamlin, who is now completing her residency in Obstetrics and Gynecology at KUSM-W. The 2008 Ron Martin Award for Psychiatry Elective Course Performance was given to Bonnie Charles Smothers and Veronica Amey. Dr. Charles Smothers is now completing her residency in family medicine in Wichita, and Dr. Amey plans to begin her psychiatry residency here at KUSM-W in January. The 2008 Ron Martin Award for Best Psychiatric Paper was given to Erin Zahradnik for her paper titled, "SSRIs During Pregnancy and Lactation: A Literature Review." She is currently completing her fourth year at KUSM-W and is interested in a psychiatry residency.

Educating The Medical and Mental Health Community

Russell Scheffer, MD, Professor and Chair of the Department of Psychiatry and Behavioral Sciences, and colleagues from University of Kansas School of Medicine-Wichita (KUSM-W) will be presenting the Health Education and Leadership (H.E.A.L.) Lunch & Learn Sessions at KUSM-W. The H.E.A.L. project was created through a matching grant from the Robert Wood Johnson Foundation to the Breakthrough Club, a local nonprofit organization dedicated to serving people living with mental illness. The goal is to empower individuals who have a serious mental illness to take charge of their well-being through physical activity and healthy nutrition skills. Partners for the grant include: Mental Health Association of South Central Kansas (MHA), Genesis Health Clubs, the Department of Human Performance Studies at Wichita State University, and the University of Kansas School of Medicine-Wichita.

KUSM-W will be presenting the quarterly H.E.A.L. Project Lunch & Learn series to educate the medical and mental health community on physical health issues related to mental illness on the fourth Friday of the month in the Santa Fe Room, First Floor in Roberts Center. Lunch is at 11:30 a.m. followed by the lecture from noon to 1 p.m. Box lunches will be provided, so RSVP on the third Wednesday of the month to Marty Quy at Breakthrough, 316-269-2534, ext.158.

The schedule of the quarterly H.E.A.L. Project Lunch & Learn series for 2008 - 2009:

January 23, 2009	Increased Risk of Cardio-Vascular Disease Among Psychiatric Patients and Their Unaffected Family Members
April 24, 2009	Increased Risk of Diabetes Mellitus Among Psychiatric Patients and Their Unaffected Family Members
July 24, 2009	Medications for Psychiatric Conditions: Increased Risks and "Safer" Anti-Psychotic Medication Options
October 23, 2009	Pharmacologic Treatment of Weight Gain and Pre-Diabetes

Meet the Residents *By Barb Finley*

We have such a great group of psychiatry residents, we would like for all of you to get to know them a little bit better!

Olga Kereches, MD, a PGY 1 resident from Targu-Mures, Romania. Since moving to Wichita in July, she and her husband have enjoyed many of the activities the area has to offer. They have visited Cowtown, Wichita Symphony, the Zoo, gone to the movies, and even found their way to the Kansas Cosmosphere and Space Center in Hutchinson. Her favorite place to shop is Bradley Fair.

When did you first become interested in medicine and why?
When I was a child, my brother got sick and it motivated me to become a doctor to help sick people.
What is one interesting fact about your hometown?
It's a small town, very quiet, clean, nice people.
What are your plans after graduating from our program?
I would like to go into clinical psychiatry, I think it fits my personality the best.
What is one interesting or unusual trait about you?
I am Hungarian from Transylvania!!

Rachna Kalia, MD, is a PGY 2 resident from India. She and her husband, Moneesh, moved to Wichita from the east coast in July. One of the things they have done since being in Wichita was attend the Wichita Air Show. Her favorite thing to do in town is to go running. Dillard's is her choice for shopping.

When did you first become interested in medicine and why?
I got inspired from my brother.
What is one interesting fact about your hometown?
My psychiatry attending back in medical school was the best teacher I have ever had in my life.
What are your plans after graduating from our program?
Enter into a subspecialty (probably child psychiatry).
What is one interesting fact about you?
I am married to one of our PGY 1 residents, Moonesh Mittal, MD.

Congratulations

Inna D'Empaire, MD, Jana Lincoln, MD, and Sheldon Preskorn, MD, have been asked by the World Psychiatric Association (WPA) to write commentaries on two chapters in a book commissioned by the WPA on Depressive Illnesses. The book is part of a nine volume series by the WPA on Evidence and Experience in Psychiatry.

The series will cover schizophrenia, depressive disorders, obsessive-compulsive disorder, dementia, bipolar disorder, eating disorders, phobias, personality disorders, and somatoform disorders. Each volume consists of six systematic reviews of the research evidence concerning specific diagnostic or management issues, with each review followed by several commentaries by clinicians from different regions of the world.

The first four volumes have sold out and a second edition will be published. Some of the volumes have been translated into several languages (Spanish, Italian, Russian, Turkish, Portuguese, and Lithuanian). All the volumes have received favorable review in several international journals.

The target audience of the series, in all countries and settings, includes health care providers (i.e., psychiatrists, primary care physicians, psychologists, mental health nurses, and other clinicians providing services for people with depressive disorders) as well as managers and policy makers, postgraduate students in mental health courses, and researchers in specialist and primary health care.

"Jack of All Trades"

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Department of Psychiatry:

- Our department has demonstrated consistent excellence in training clinical psychiatrists, particularly in the field of psychopharmacology.
- Over the past two years, we have enhanced and will continue to enhance the teaching of psychotherapies without diminishing our focus on psychopharmacology.
- We have had, and continue to have, increasing availability of research activities for both faculty and residents.
- We were able to develop a strong geriatric psychiatry program under the direction of Connie Marsh, MD. This program unfortunately did not engender enough interest from qualified applicants and so was allowed to become inactive. Our plan is to reactivate that as soon as possible.
- We have identified, since Dr. Scheffer's arrival, the importance of the development of a child and adolescent fellowship. Dr. Scheffer has already become the leading advocate for child and adolescent psychiatry in the state of Kansas.
- The trajectory of the department is, in my opinion, clearly on the upswing.
- Our current and future residents will have the benefit of our history and our current trajectory.

In summation, it is my sense that our department has been blessed throughout its history with outstanding leadership, outstanding faculty, and outstanding staff. This has been aptly demonstrated by the tenure and stability in each of those groups. Our faculty has demonstrated a remarkable ability to adapt as changing times necessitate.

Our department has been consistently blessed with outstanding residents. And our residents have all developed into excellent clinicians and leaders in their respective clinical settings.

To Don Brada, MD,

On behalf of all the current, past and future faculty, staff, and trainees of the Psychiatry and Behavioral Sciences Department, I want to relay our heartfelt and sincere thanks for your years of service. We have greatly benefited from your service to the department and KU. We are much better for your service.

Sincerely,
Russell Scheffer, MD,
for the department