



Postgraduate Education
1010 N. Kansas
Wichita, KS 67214-3199

RETURN SERVICE REQUESTED

**29TH ANNUAL
FAMILY MEDICINE
WINTER SYMPOSIUM**



DECEMBER 4-5, 2009
WICHITA MARRIOTT HOTEL
WICHITA, KANSAS

Our mailing lists come from several professional sources.
If you receive more than one brochure, please share with a colleague.



29TH ANNUAL

FAMILY MEDICINE WINTER SYMPOSIUM

DECEMBER 4-5, 2009

WICHITA MARRIOTT HOTEL

WICHITA, KANSAS

Sponsored by



Family and Community Medicine
Postgraduate Education

GENERAL INFORMATION

The 29th Annual Family Medicine Winter Symposium focuses on problems commonly encountered by family physicians, with special emphasis on refining diagnostic and therapeutic skills.

OBJECTIVES

Following participation in plenary sessions, the learner will be prepared to:

- Develop strategies to improve patient interest in medication adherence with attention to patients from different cultures
- Examine ways a practice needs to change to become a patient-centered medical home and provide culturally sensitive care
- Recognize, and help in the management of, women with the female athlete triad

Following participation in concurrent sessions, the learner will be prepared to:

- Expedite the discovery of psychiatric disorders in a busy primary care setting
- Prescribe exercise effectively as the primary treatment for overweight children
- Discuss novel uses of medications in the cardiology setting
- Initiate discussion about sensitive issues with patients from diverse backgrounds
- Screen children for hypertension and treat them accordingly
- Apply new information concerning common ENT problems
- Use health coaches, disease registries, and population management to improve processes of care in chronic disease management
- Determine which infectious disease issues to refer for specialty care
- Identify new issues in prenatal care
- Select the noninvasive cardiac test most likely to help in screening for coronary disease
- Recognize the decreasing need for antibiotics, OTC medicines, antihypertensives, x-ray, CT and MRI, as well as multiple lab tests
- Recognize the value of "service medicine" as a primary tool to increase efficiency, decrease liability, increase patient and provider satisfaction, and actually improve patient outcomes
- Demonstrate techniques for performing and teaching the physical examination of joints related to common patient complaints
- Diagnose and treat common stress fractures effectively in athletes
- Develop a systematic plan to manage abnormal uterine bleeding and determine when referral or further intervention is necessary
- Bridge the principles of narrative medicine with the enhancement of empathy in doctor-patient relationships
- Apply a narrative communication style that leads to patient-centered practice
- Establish reflective practice behaviors that enhance professionalism and contribute to your clinical community
- Identify collegial opportunities for the practice of narrative medicine to counter isolation in clinical practice
- Improve screening to find athletes at greatest risk for sudden cardiac death
- Implement practice improvements in the treatment of patients with COPD
- Implement new recommendations for widespread screening of children for autism and related disorders

FOR FURTHER INFORMATION

Postgraduate Education

KU School of Medicine-Wichita
1010 N. Kansas • Wichita, KS 67214-3199
316-293-2636 • 800-720-0905
FAX 316-293-1851
E-mail: postgrad@kumc.edu

Visit our Web sites:

<http://wichita.kumc.edu/postgrad/>
<http://wichita.kumc.edu/fcm/>

29TH ANNUAL FAMILY MEDICINE WINTER SYMPOSIUM REGISTRATION

DEC. 4-5, 2009

Last Name	First	Middle	Degree	<input type="checkbox"/> Home
				<input type="checkbox"/> Work
Address				
City				
		State	Zip	
E-mail (Confirmation of registration to be sent via e-mail only)			Day Phone	
License # (Required for credit)				
Profession (Please check):				Amount Due
<input type="checkbox"/> Physician (\$175) _____ (Specialty)				\$ _____
<input type="checkbox"/> Other (\$120) _____ (Specify)				\$ _____
\$10 discount on above registration (if submitted by Nov. 27)				– \$ _____
<input type="checkbox"/> KU School of Medicine Resident Physician <input type="checkbox"/> Medical Student (with pre-registration, no charge)				\$ _____ -0-
TOTAL AMOUNT DUE				\$ _____

Using the program printed in this brochure, please select a first and second choice for each set of concurrent sessions. Assignments will be made as registrations are received. Every possible effort will be made to honor first-choice requests.

Friday, Dec. 4	First Choice	Second Choice
9:55 a.m. – 10:55 a.m. (1, 2, 3)		
11:05 a.m. – 12:05 p.m. (4, 5, 6)		
2:10 p.m. – 3:10 p.m. (7, 8, 9)		
3:25 p.m. – 4:25 p.m. (10, 11, 12*)		
Saturday, Dec. 5		
9:25 a.m. – 10:25 a.m. (13, 14, 15)		
10:40 a.m. – 11:40 a.m. (16, 17, 18)		

* Session #12 – to adjourn at 4:55 p.m.

- I do I do not plan to attend the Friday Vol-Docs breakfast.
 I do I do not plan to attend the Friday luncheon. I prefer a vegetarian meal.

Handout materials will be available at the symposium and posted at <http://wichita.kumc.edu/fcm/cme>

SURVEY: Format Preference for Future (2010) Handout Materials (please circle one)	Paper	CD	Flash Drive	Web Site
--	--------------	-----------	--------------------	-----------------

- Payment enclosed - Make check payable to: "KUSM-W Postgraduate Education"
 Charge to my Visa MasterCard

Account # _____ Expiration date _____

Authorizing signature _____

Please return completed registration form by Friday, Nov. 27, 2009 to:

Postgraduate Education

KU School of Medicine-Wichita
1010 N. Kansas, Wichita, KS 67214-3199
or fax to 316-293-1851

You may choose to register on line at
<http://wichita.kumc.edu/postgrad/brochures.htm>

FACULTY KU School of Medicine-Wichita

Salman Ashfaq, MD

Clinical Assistant Professor
Internal Medicine

Ravi K. Bajaj, MD

Clinical Assistant Professor
Internal Medicine

Mary C. Boyce, MD

Clinical Associate Professor
Family and Community
Medicine

Philip L. Cherven, MD

Assistant Professor
Family and Community
Medicine

Kara D. Cox, MD

Clinical Assistant Professor
Family and Community
Medicine

John N. Dorsch, MD

Associate Professor
Family and Community
Medicine

Christopher A. Ebberwein, PhD

Clinical Assistant Professor
Family and Community
Medicine

John D. Flesher, MD

Clinical Assistant Professor
Internal Medicine

James A. Hild, DO

Clinical Assistant Professor
Family and Community
Medicine

Timothy P. Hoskins, MD

Clinical Instructor
Obstetrics and Gynecology

Valarie L. Kerschen, MD

Clinical Assistant Professor
Pediatrics

David P. Miller, MD

Clinical Assistant Professor
Family and Community
Medicine

Thomas A. Moore, MD

Clinical Professor
Internal Medicine

Scott E. Moser, MD

Professor
Family and Community
Medicine

Mark L. Mosley, MD, MPH

Clinical Assistant Professor
Internal Medicine

Deborah L. Outwater, MD

Clinical Assistant Professor
Family and Community
Medicine

Randall S. Regehr, MD

Clinical Assistant Professor
Surgery

Mark L. Stovak, MD

Clinical Assistant Professor
Family and Community
Medicine

Tracy L. Williams, MD

Clinical Assistant Professor
Family and Community
Medicine

GUEST FACULTY

Donald R. Klitgaard, MD

Medical Director
Myrtue Medical Center
Harlan, IA

Aurelia Nattiv, MD

Professor
Family Medicine
Division of Sports Medicine
and Orthopaedic Surgery
Santa Monica UCLA Medical
Center and Orthopaedic
Hospital
Santa Monica, CA

Shawn C. Shea, MD

Adjunct Assistant Professor
Department of Psychiatry
Dartmouth Medical School
Hanover, NH

CONTINUING EDUCATION CREDIT

The University of Kansas School of Medicine-Wichita is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Kansas School of Medicine-Wichita designates this educational activity for a maximum of 9 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 10.00 Prescribed credit(s) by the American Academy of Family Physicians. Of these credits, 1.00 credit conforms to the AAFP criteria for evidence-based CME clinical content. CME credit has been increased to reflect 2 for 1 credit for only the EB CME portion. When reporting AAFP credit, report total Prescribed and Elective credit for this activity. It is not necessary to label credit as evidence-based CME for reporting purposes.

The EB CME credit awarded for this activity was based on practice recommendations that were the most current with the strongest level of evidence available at the time this activity was approved. Since clinical research is ongoing, AAFP recommends that learners verify sources and review these and other recommendations prior to implementation into practice.

University of Kansas Area Health Education Center East, Pittsburg, KS, as an approved provider of continuing education by the Kansas State Board of Nursing, presents this offering for a maximum of 10.8 contact hours applicable for relicensure. Credit will be prorated based upon attendance. Kansas Provider No. LT 0056-0749.

REGISTRATION

This activity is designed for family physicians, but registration is open to physicians in all specialties. Physician assistants and advanced practice nurses may also benefit from this activity and are encouraged to attend. The registration fee is \$175 for physicians and \$120 for others. Registrations received on or before Friday, **Nov. 27**, are eligible for a **\$10 discount**. The fee includes a course syllabus, refreshments, and lunch on Friday.

With pre-registration, KU School of Medicine-Wichita resident physicians and medical students may attend without charge. Lunch on Friday will be provided.

Refunds requested **in writing** by **Nov. 27** are subject to a **\$10** administrative charge.

No refunds will be made after Nov. 27.

Early registration is recommended. Seating, materials, and refreshments may not be available for on-site registrants.

LOCATION AND ACCOMMODATIONS

Wichita Marriott Hotel
9100 Corporate Hills Drive
Wichita, KS 67207-1317
316-651-0333 or 800-610-0673
Room Rate: \$79 Single/Double Occupancy

A block of sleeping rooms has been reserved for symposium participants. Arrangements must be made directly with the hotel. Please indicate you are attending the **“Family Medicine Symposium”** when making your reservations. After Thursday, **Nov. 19**, reservations will be accepted only on a space-available basis.

Complimentary wireless access will be available.
Room temperatures vary; a sweater or jacket is recommended.

ACKNOWLEDGMENTS

This activity is supported in part by educational grants from the Wichita Medical Research and Education Foundation, Midwest Dairy Council, and Blue Cross and Blue Shield of Kansas; and funding from Department of Health and Human Services Health Resource and Service Administration Grant #D54HP05260 and the James W. Shaw, MD, Memorial Fund.

PLANNING COMMITTEE

John N. Dorsch, MD, Chair
Debbie A. Bennett
Robert S. Freelove, MD
Ruth E. Friesen

Stephen J. Grindel, DO
Rex B. Keith, MD
Rick D. Kellerman, MD
Scott E. Moser, MD

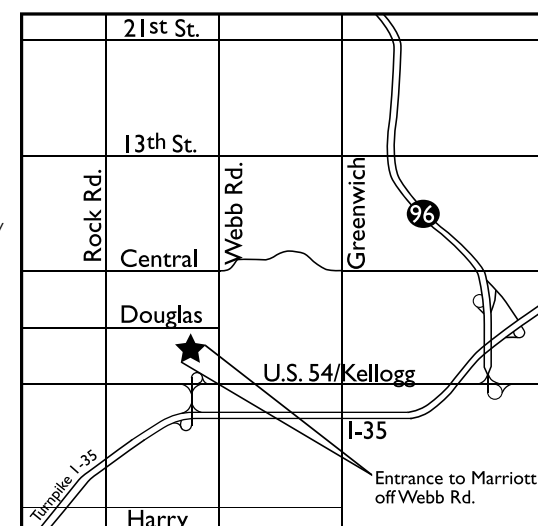
Deborah L. Outwater, MD
Terri L. Schmitz, RN, BSN
Mark L. Stovak, MD

AMERICANS WITH DISABILITIES ACT

If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act, please contact the Division of Postgraduate Education at 316-293-2636 or 800-720-0905 by Friday, **Nov. 6, 2009**.

EMERGENCY TELEPHONE NUMBER

During the symposium, you can be contacted at 316-651-0333. Ask that your message be taken to the KU School of Medicine symposium registration desk.



FAMILY MEDICINE WINTER SYMPOSIUM

DECEMBER 4-5, 2009 • WICHITA MARRIOTT HOTEL • WICHITA, KANSAS

AGENDA

Friday, December 4, 2009


7:45 a.m.Registration and Continental Breakfast
Vol-Docs Breakfast (*an opportunity for retired physicians to discuss volunteer activities*)

8:30**Welcome and Announcements** – John N. Dorsch, MD

8:40**Improving Medication Adherence: How to Talk with Patients about Their Medications**
Shawn C. Shea, MD

9:30Refreshment Break – Visit Exhibits

9:55**1** **How to Uncover Psychiatric Disorders Quickly**
Shawn C. Shea, MD

2 **Overweight Children: Using Exercise as Medicine** 
Kara D. Cox, MD

3 **Cardiology Update: The New Beta Blocker and Other Questions the PCP Is Asking**
Ravi K. Bajaj, MD

10:55Passing Break

11:05**4** **Getting to the Truth on Sensitive Issues**
Shawn C. Shea, MD

5 **Pediatric Hypertension**
Philip L. Cherven, MD

6 **ENT Update – Sinus, Tonsils, and Ears**
Randall S. Regehr, MD

12:05 p.m.**Lunch (provided)**; Presentation of Awards

1:15**The James W. Shaw, MD, Memorial Lecture**
The Real World: Implementing the Patient-Centered Medical Home
Donald R. Klitgaard, MD

2:05Passing Break

2:10**7** **Chronic Disease Management – Health Coaches, Disease Registries, and Population Management**
Donald R. Klitgaard, MD

8 **Infectious Disease Update – Top Ten Reasons for Consultations**
Thomas A. Moore, MD

9 **Prenatal Care Update**
Tracy L. Williams, MD

3:10Refreshment Break – Visit Exhibits

3:25**10** **Noninvasive Testing for Coronary Diseases**
Salman Ashfaq, MD

11 **Why Our Medicine Doesn't Work, and What Will – A Solution to Our Health-Care Crisis**
Mark L. Mosley, MD, MPH

12 **Teaching the Musculoskeletal Exam to Medical Students**
Mary C. Boyce, MD; Kara D. Cox, MD;
James A. Hild, DO; David P. Miller, MD;
Scott E. Moser, MD; and Mark L. Stovak, MD

4:25Adjournment Sessions 10 and 11

4:55Adjournment Session 12

Saturday, December 5, 2009

8:00 a.m.Sign-In and Continental Breakfast

8:25**Announcements** – John N. Dorsch, MD

8:30**The Wilkonson Women's Health Lectureship**
The Female Athlete Triad
Aurelia Nattiv, MD

9:20Passing Break

9:25**13** **Stress Fractures in the Athlete**
Aurelia Nattiv, MD

14 **Abnormal Uterine Bleeding**
Timothy P. Hoskins, MD

15 **Narrative Medicine and Its Usefulness as a Tool for Self Care and Improved Doctor-Patient Relationships**
Christopher A. Eberwein, PhD and
Deborah L. Outwater, MD

10:25Refreshment Break

10:40**16** **Sudden Cardiac Death in Athletes**
Aurelia Nattiv, MD

17 **COPD Update**
John D. Flesher, MD

18 **Autism**
Valarie L. Kerschen, MD

11:40**Adjournment**



SAVE THE DATES
Family Medicine
Spring Symposium
April 23, 2010
30th Annual Family Medicine
Winter Symposium
December 3-4, 2010