CONGRATULATIONS
Jeremy Tan, MD, 2006 graduate of the Psychiatry Residency Program, on his new position as medical director at Horizon’s Mental Health in Hutchinson, KS.

PRESENTATIONS
Ahsan Khan, MD, presented “Role of Chiral Drugs in Psychiatry” at the Grand ROUNDS at the University of Arab Emirates on May 2 at Al-Ain, UAE.

Sheldon Preskorn, MD, presented “A placebo-controlled trial of the NMDA antagonist CP-101,606 plus Paroxetine for treatment in resistant depression (TRD)” at the American Psychiatric Association on May 21 at San Diego, CA.

Sheldon Preskorn, MD, presented “Impact of Meal Size and Fat Content on Ziprasidone Absorption” at the American Psychiatric Association on May 22 at San Diego, CA.

PUBLICATIONS
Ozdemir V; Williams-Jones B; Graham JE; Preskorn, SH; Grippeos, D; Glatt, SJ; Feiss, RH; Rest, C; Szabo, S; Lohr, J, and Someya, T. “Asymmetry in scientific method and limits to cross-disciplinary dialogue. Towards a shared language and science policy in pharmacogenomics and human disease genetics.” Journal of Investigative Medicine, April 2007; 55(3):130-141.


My Educational Experience at Via Christi Psychiatric Clinic (VCPC)

By: Rafique Shaikh, MD

A fter an exhausting day of orientation at VCPC in July, I was looking forward to seeing my patients. Wednesday, July 5, was the exciting first day as an outpatient resident. ‘Overwhelmed’ doesn’t quite express how I felt when one patient outright refused to accept me as his doctor and insisted for ‘the nice lady doctor’ he used to see. He left the clinic without talking to me. My attending was on his way back from a meeting, but my next patient refused to wait for him and left the building. Oh, how much I missed the locked facility of Good Shepherd camp, where I had spent my first two years of residency, gaining extensive experience in inpatient and emergency psychiatry. In absence of locks and security, I knew I would need a whole new set of skills in helping my patients here.

Under the guidance and supervision of Ahsan Khan, MD, the medical director of the clinic and associate professor of Psychiatry at the KU School of Medicine-Wichita (KUSMW), I set up some educational goals for myself:

- Improve my knowledge base of psychopharmacology
- Gain competence in five different types of psychotherapies
- Gain confidence in my overall patient care, especially in the outpatient setting
- Learn the logistics of running a private outpatient psychiatric clinic

I have almost completed my year, I am reflecting on my experience at VCPC and on how far I am on achieving my goals. I am comfortable managing my patient’s symptoms, arriving at diagnoses, challenging the established diagnosis and deciding, as well as, changing medications and titrating their doses. Now, I don’t have the urge to hold the patient in my clinic when they refuse to follow my directions. I am more comfortable in distinguishing poor judgment from impaired ones, while not letting my own judgment be colored by my countertransference. I am getting used to practicing evidence based medicine, following expert consensus treatment guidelines and utilizing treatment outcome measures. Under supervision of my attending, I am able to address my patient care issues in a timely and effective manner. I am also learning from him that ‘devil is in the details’ when I analyze my attempts to get my case reports or articles published in the journals. Because of the restraints on my time for outpatient care in my weekly schedule at the clinic, my goal of gaining competence in the five types of psychotherapies appears difficult to achieve by the end of third year. I have reluctantly lowered my expectations from becoming ‘competent’ to becoming ‘fairly familiar’ with these five types of psychotherapies. I hope to catch up on these deficiencies in my fourth year training.

I have found my case load to be manageable and adequately varied in terms of psychopathology and possible treatment modalities. A one day a week assignment at COMCARE gives me the flavor of how the community mental health system operates, and gives me the opportunity to deal with complex and persistent mental illnesses and addictions. Didactics in third year are focused on psychopharmacology, psychopathology and psychotherapies. This helps me get a handle on bio-psycho-social formulating, as well as treatment planning for my patients. Mock-boards, case presentations and family education groups at NAMI have given me much needed practice in public speaking. The outstanding feature of third year residency, that is probably unique to Wichita, is the monthly one hour educational tour to different agencies in Wichita. Our attending, Dr. Khan came up with the brilliant idea of providing residents with first hand exposure to local community services and resources that we utilize for our patients in their psychosocial rehabilitation. We have visited the Mental Health Association, Breakthrough Club, Sedgwick County Jail, Sleep Clinic, Heartstring and KETCH. We will be visiting Parallels, Stepping Up and Options in the upcoming months. Once a month, we attend NAMI’s ‘Hour with Doctor’ sessions where patients and their families have the opportunity to ask pressing questions and discuss mental health care issues. I have enjoyed these encounters and personally, I think they are contributing a lot to my becoming a well-rounded, wholesome psychiatrist. Also worth mentioning is the one week of excellent educational experience I had with Dr. Fernando and his awesome team at Larned State Hospital Forensic Evaluation Unit. I learned to formulate an answer/opinion that is focused on legal questions asked by court.

Thanks to our respectful and encouraging attendings, it has been a very rewarding experience at VCPC. I am also indebted to my fellow residents who have been my ‘colleagues’ in the real sense of the term. They have made the learning process a relaxed and fun-filled one for me.

Congratulations to Donald R. Brada, MD, designated institutional officials (DIOs). The course is offered exclusively to academic leaders who manage the institutional environment for residents and fellows. It explores all aspects of the DIO’s responsibility including leading an institution through accreditation; improving the education program; developing residency program directors; and managing resources. Dr. Brada has received a letter of commendation from Darrell G. Kirch, MD, president of the AAMC.

Ronald L. Martin, MD, Medical Student Scholarship Program

W e are happy to announce the 2007 recipients of the Ronald L. Martin, MD, Medical Student Scholarship awards. Dr. Martin was professor and chair of the Department of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine-Wichita from 1988 to the time of his death in 1998. Dr. Martin, a prominent researcher, clinician and teacher, was committed to fostering interest among medical students in psychiatry as a career specialty. The Ronald L. Martin, MD, Medical Student Scholarship Program provides an opportunity to foster and advance the field of psychiatry by supporting scholarly achievement of third and fourth year medical students at the University of Kansas School of Medicine-Wichita.

The 2007 award recipients are:

- Lindsay Rome, 4th year - Outstanding Performance in the Neuropsychiatry Clerkship
- Katherine Girrens, 4th year - Outstanding Performance in a Psychiatry Elective
- Rafique Shaikh, MD

The Ronald L. Martin, MD, Medical Student Scholarship Program provides an opportunity to foster and advance the field of psychiatry by supporting scholarly achievement of third and fourth year medical students at the University of Kansas School of Medicine-Wichita.

Jeff Gum, 3rd year - Best Paper on a topic in Psychiatry - "Neuropsychiatric Sequence of Herpes Simplex Virus Encephalitis during Pregnancy: to Treat or Not to Treat?"

Jeff Gum receiving the award for Best Paper on a topic in Psychiatry from Michael Burks, MD, PhD, director of medical student education and trustee of the Ronald L. Martin, MD, Medical Student Scholarship Program.

Interest medical students are encouraged to contact the Department of Psychiatry and Behavioral Sciences-Wichita Campus for additional information on application procedures and award availability.

Early Welcome . . .

By: Brian Schmidt, Medical Student Education Coordinator

The Psychiatry Department is pleased to announce that Erica Coady, MA, has accepted the psychology internship position beginning Aug. 13, 2007. Erica comes to us from Seattle Pacific University, and she will be working with Lyle Baade, PhD, associate professor, neuropsychology. Ms. Coady brings to the internship an above average background in clinical neuropsychology. She has worked as a psychometrician for two board certified neuropsychologists, and has extensive practicum experiences in the field of clinical neuropsychology. In addition, her dissertation is within the field. This year she expects to defend her doctoral dissertation, titled, “Comparison of Personality Characteristics, Psychiatric Status, and Demographic Factors Among Patients with Psychogenic Non-Epileptic Seizures, Epilepsy, and Comorbid for Both Conditions.”

Donald R. Brada, MD, has successfully completed the Association of American Medical Colleges' Graduate Medical Education Leadership Development Course. Dr. Brada was among 43 graduates from institutions across the country to earn this certificate in 2007. The 40+ hour course, organized by the Association of American Medical College (AAMC) Group on Resident Affairs, is designed to help participants fulfill their responsibilities as graduate medical education leaders and improve their knowledge of the role of a residency program director. The AAMC Scholarship Program provides an opportunity to foster and advance the field of psychiatry by supporting scholarly achievement of third and fourth year medical students at the University of Kansas School of Medicine-Wichita.

Donald R. Brada, MD
Welcome Dr. Russell Scheffer By: Mary Spachek

We are pleased to announce that Russell Scheffer, MD, has joined the Department of Psychiatry and Behavioral Sciences at the University of Kansas Medical School-Wichita, as professor and chair. Dr. Scheffer joined the department June 18, 2007.

Dr. Scheffer serves as associate professor of Psychiatry and Pediatrics and the Chuckar Axing Chair of Child Psychiatry. He served as the Division Director, Child and Adolescent Psychiatry, of the Department of Psychiatry and Behavioral Medicine of the Medical College of Wisconsin and the Medical Director at Children’s Hospital Wisconsin. Dr. Scheffer received his undergraduate degree in Human Biology from the University of Kansas, and his medical degree from the University of Kansas School of Medicine, Kansas City. He brings a wealth of experience in child and adolescent psychiatry, as well as general psychiatry. He has been the principal investigator on numerous research projects and is a national and internationally known presenter.

His research interests include: psychopharmacology, bipolar disorder, psychotic disorders, ADHD, depression, pharmacogenomics and neuroimaging. Globally, Dr. Scheffer has presented in England, Portugal, Greece and Canada, and he has published articles, books and chapters. Please join me in welcoming Dr. Scheffer to KUSM-W.

Graduation and Farewell

The Department of Psychiatry and Behavioral Sciences held their resident graduation ceremony Saturday, June 23. John Bober, MD, resident director, recognized the following fourth year residents, Jana Lincoln, MD and Mark Stewart, MD.

Along with the graduates, many others were recognized for their work. The awards given and recipients:

- Bharati Patient Care Award
  - Mazhar Golewale, MD and Victor McNemey, DO
- Laurie Conyer Inpatient Care Award
  - Robert McHale, MD
- CRI Research Award
  - Jana Lincoln, MD and Mark Stewart, DO
- Teacher of the Year Award
  - Ahsan Khan, MD

Dr. Lincoln and her family are staying in the Wichita area as she begins her career with the Department of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine-Wichita. Dr. Stewart is moving to Springfield, MO as he begins his career as a psychiatrist in private practice.

Additional services available for patients at VCPC through the Department of Psychiatry and Behavioral Medicine of the Medical College of Wisconsin, Department of Psychiatry and Behavioral Sciences are inpatient stay, neuro-psychological testing and electro-convulsive therapy. For any questions, please call 316-858-0550.

Good bye Dr. Bober

June has been a busy month for the Department of Psychiatry and Behavioral Sciences as we have said good-bye to residents and a psychology intern, and hello to a new leader, new residents and a new psychology intern. Among the good-byes that have not been said, but will be soon, is to John F. Bober, MD, Associate Professor and Director of Resident Education. Dr. Bober is leaving the department, KU and the state of Kansas in July. Dr. Bober and his family are relocating to Ohio where he has accepted a position at Akron Children’s Hospital. His daughter, Christina, will begin her freshman year at Ohio State University this fall.

Dr. Bober joined the department of Psychiatry and Behavioral Sciences in May 1992 as a volunteer clinical assistant professor. He joined the department in May 1995 as an assistant professor and Director of Psychiatry Residency Training. In July 2005, he was promoted to associate professor. Dr. Bober is actively involved as an examiner for the American Board of Psychiatry & Neurology (ABPN), Kansas Psychiatric Society, Kansas Medical Society, as well as medical director for Behavioral Health Services, and numerous committees at Via Christi Regional Medical Center. Dr. Bober has been instrumental in the recruiting, teaching and training of more than 94 residents.

Upon hearing the news that Dr. Bober is leaving Wichita, several of our residents sent these comments: Mohammed Rashed, MD, past chief resident, “I am sorry that Dr. Bober is leaving Wichita. He has been always so caring about us as residents and individuals, he always demonstrated high standard of care and morals and we regarded him as a role model. I will always remember our meetings in his office and with his family with a lot of respect.” Kaleem Syed, MD, past resident, “Dr. Bober has played a crucial role in the residency program. He impressed me the very first time I met him when he came to pick up all the candidates from the hotel. I have a lot of things I can talk about him. He is a good person. I liked his approach to the candidates. He helped me a lot. All the best wishes to Dr. Bober and his family. He will be in our thoughts and prayers all the time.” Vamsi Garlapati, MD, past resident, “The patients love him, they relate so well with him, he is always approachable and we never miss his rounds. I will miss him for the next horizon in life.”

The department and community wish Dr. Bober and his family the best as they begin this new phase of their lives. Remember, you will always be a part of the Psychiatry and Behavioral Sciences Department and KUSM-W family.

POSITION ANNOUNCEMENT

Clinical Instructor

The University of Kansas School of Medicine-Wichita (KUSM-W) is seeking exceptional candidates for two (2) Clinical Instructor positions in the Department of Psychiatry and Behavioral Sciences. Successful candidates must be board-certified or board-eligible in Psychiatry, licensed to practice medicine in the State of Kansas, and possess a current DEA certificate. Candidates must also have hospital privileges at Via Christi and be in good standing with the State Board of Healing Arts. Responsibilities would include providing psychiatric services in the faculty outpatient clinic, including medical students in clinical experience, providing back-up psychiatric services to patients admitted without an assigned psychiatrist at Via Christi Hospital, preparing and presenting formal lectures in topics for residency and medical student training as required by the department, and providing call and weekend rounds as per rotation schedule with other faculty in the department.

If interested please contact, Janice McAdam 316-293-3568 or jmcadam@kumc.edu, or go to http://jobs.kumc.edu.

Via Christi Psychiatric Clinic (VCPC) Relocates

By: Ahsan Khan, MD

The Via Christi Psychiatric Clinic (VCPC) started as the “Residents Psychiatric Outpatient Clinic” at the University of Kansas School of Medicine-Wichita several years ago under the supervision of Sheldon Preskorn, MD. I took over as the medical director of the VCPC in 2000. Recently, VCPC moved to the Via Christi Good Shepherd Campus at 8901 E. Orme Street, Wichita, Kan. The clinic is operated by third year psychiatry residents under my supervision.

VCPC provides general psychiatric services to patients aged 16 and older. Residents are trained to offer state of the art psychiatric medication management, as well as individual therapy. Don Morgan, PhD, and Glenn Veenstra, PhD, supervise residents for their psychotherapy cases. VCPC is the only facility in Wichita where patients can see their psychiatrist for a 30 minutes medication check appointment and 60 minutes for therapy appointments. New patients can get in to see a psychiatrist in two to three days and sometimes the same day they call to schedule an appointment.

Additional services available for patients at VCPC through the University of Kansas School of Medicine-Wichita, Department of Psychiatry and Behavioral Sciences are inpatient stay, neuro-psychological testing and electro-convulsive therapy. For any questions, please call 316-858-0550.

E.E. Baumhardt Award Winners

Congratulations to Jana Lincoln, MD, and Mark Stewart, MD, 2007 graduates of the Psychiatry Residency Program on receiving the E.E. Baumhardt Award for Research on their joint paper, “Ziprasidone Bioavailability: A Stepwise Approach to Examination of Food Effect, Fat Content and Calorie Intake Demonstrated in Three Sequential Studies.”