Children's Mental Health Day 2010

Plans are underway for our second Children's Mental Health Day. Our first one was a big success, thanks to the generosity of the Wichita community. The event brought 177 adults and children as well as 57 volunteers together to raise awareness of the mental health issues affecting children in Kansas and their devastating effects if left untreated. We will host a charity dinner on August 6, and then on August 7 we will hold the community event, Children's Mental Health Day, from 9 a.m. to 2 p.m. at the Sedgwick County Park.

Last year, we had representatives from six mental health organizations, including our department, to present information on the resources available to children and their families. Parents and children alike were able to enjoy many activities such as face painting, a dunk tank, moonwalks, a live remote from Radio Disney and B98 FM radio, and Mad Science of Greater Wichita. McConnell Air Force Base and the Sedgwick County Fire Department generously provided a Hummer and a fire truck for the children to sit and play in.

The logo for Children's Mental Health Day represents the Wheel of Life. It signifies eight different aspects of one’s life: learning, fun, work, achievement, environment, friends and family, finance, and health. When one of these aspects is off balance, the whole wheel becomes off balance. This also applies to your mental health.

Here are some facts about mental health issues:
- Most mental illness begins in childhood or the teen years, with the median age of onset for anxiety and impulse-control disorders at 11.
- 50% of psychiatric conditions start by age 14.
- 1 in 5 high school students seriously contemplates suicide every year. (Centers for Disease Control and Prevention)

Youth Risk Behavior Surveillance System
- No other medical discipline affects so many people at so early an age.
- Children that do not receive treatment for mental illnesses are at high risk for school failure, substance abuse, and entrance into the juvenile justice system.
- Wichita is likely the city most profoundly affected by a lack of child psychiatrists. There are only three board-certified child psychiatrists in the area. No other metropolitan statistical area of greater than 250,000 people has less child psychiatrists.

The shortage of child and adolescent psychiatrists is particularly problematic as these are the only medically trained specialists who can diagnose and treat children with mental illnesses.

Fortunately, these conditions are very treatable, especially if treated early and with continued access to care. Please help us raise awareness about these issues. With your help, we can make a difference!
On Wednesday, November 25 the Adult Psychology and Neuropsychology teams made the move off campus to office space at Rockhill Office Park, 7829 East Rockhill, Suite 105. Faculty members who are now at that facility include Dr. Glenn Veenstra, Dr. Don Morgan, Dr. Lyle Baade, and Dr. Robin Heinrichs. Drs. Amie Austin and Brian Boatwright, the current neuropsychology fellows and four part-time psychometricians also made the move. A new receptionist, Debbie Janzen, was hired to support this group.

Even though there were a few bumps along the way, patients have been seen since the beginning, and the office is almost ready for an open house. One interesting discovery is that Dr. Lyle Baade is very handy with a hammer and screwdriver.

Debbie Janzen, receptionist

**Who was your favorite celebrity as a child?** Katherine Hepburn

**What type of pets do you have?** Two dogs who think they are people

**What is your favorite color?** Green or Black

**What is most memorable about your high school years?** Taking a six-week trip to Europe and seeing five countries with one of my high school teachers as chaperone.

**What word describes you best?** Procrastinator

**What is your greatest accomplishment?** Writing and presenting two national level seminars on “Skydiving with Case Managers” while working at a hospice.

**What is your favorite food?** Potato, egg, and bacon tacos

**Where do you want to retire?** Right where I live now, and then I want to travel.

**Where do you like to vacation?** Just about anywhere.

**Who do you admire?** My mother

**If you were invisible, where would you go?** To sleep

**What traits in others are you attracted to?** Smart, funny, brainy people are fascinating to me.

**What is the kindest thing anyone has done for you?** Bought food for me and my infant son when I had no money.

**If you were on an island, who would you want to be with?** My husband. He is my best friend and love of my life. Why? We are opposites and that makes our marriage interesting.

**What is your mission?** Tolerance

**If you were on an island, who would you want to be with?** My husband and friends at an all-inclusive resort. Why? Fun and relaxation

**You have a 10-minute speech to give at a high school, what is it about?** Nothing. Cancel it. I’m scared to death of talking in front of crowds.

---

**Natasha Arnold, Research RN**

**Who was your favorite celebrity as a child?** Madonna in the 1980s

**What type of pets do you have?** Recently adopted a small dog from Caring Hands Humane Society in Newton.

**What is your favorite color?** Not orange.

**What is most memorable about your high school years?** How much I don’t remember anymore.

**What word describes you best?** Friendly

**What is your greatest accomplishment?** Besides my husband and kids, I spent six hours a day for six weeks during the summer between my junior and senior year in college handstitching a queen-size quilt with my grandmother.

**What drives you every day?** I work to live, not live to work. However, many days being at work is a vacation from home.

**What is your favorite food?** Today I will say... Chicken Shawarma and Tabouli from N&J’s Bakery, and always Dove dark chocolate.

**Where do you want to retire?** Shell Knob on Table Rock Lake

**Where do you like to vacation?** Away from work

**Who do you admire?** My mother

**What is your mission?** Tolerance

**If you were invisible, where would you go?** To sleep

**What traits in others are you attracted to?** Bright – but silent people-watchers

**What is the kindest thing anyone has done for you?** People in my home church gave my mom and me hugs of support after one of the worst days of our lives.

**How do you want to be remembered?** Accepting, forgiving, loyal, and truthful

**What would you do with a million dollars?** Eat my way across Italy.

**If you were on an island, who would you want to be with?** My husband and friends at an all-inclusive resort. Why? Fun and relaxation

**You have a 10-minute speech to give at a high school, what is it about?** Nothing. Cancel it. I’m scared to death of talking in front of crowds.
Rachel Smith, medical student coordinator

Who was your favorite celebrity as a child? I didn’t pay much attention to celebrities as a child, unless you include Bugs Bunny or Donald Duck (or Darkwing Duck, Chip and Dale Rescue Rangers, Teenage Mutant Ninja Turtles, etc.).

What type of pets do you have? I have two adorable dogs, Pepper and Louis. I rescued Pepper, a Yorkshire terrier, from the Humane Society. (Her previous owners had named her Peppermint, but I just call her Pepper, unless she’s in trouble.) Louis’ full name is Louis Vuitton, like the purse designer, and he is a purebred Pomeranian. I won him at a silent auction that raised money for the American Cancer Society.

What is your favorite color? Blue, all shades

What is most memorable about your high school years? I moved to Missouri to live with my grandma the first part of my senior year after my grandpa passed away.

What word describes you best? Quirky

What is your greatest accomplishment? Surviving my last semester in college before getting my bachelor’s degree. I was taking 20 hours of upper division credits, working full time at a drug and alcohol counseling center for juveniles, planning a wedding, moving into my new house, and I developed a DVT in my left calf and had several medical issues the first part of the semester. I got one “B” for attendance (in Alcohol Use/Abuse) and the rest were “As”.

What drives you every day? Believing that each day can hold new adventures and new friends.

What is your favorite food? My mom always makes my favorite meal for my birthday—tuna patties and fried potatoes. YUM!!

Where do you want to retire? Near my family, wherever they are at the time.

Where do you like to vacation? Seattle/Tacoma area. My older sister and her family live there, and I love the mountains and lakes in the Northwest.

Who do you admire? My parents. They’ve taught me a lot over the years and have given me a lot of encouragement and love along the way.

What is your mission? To live a good life and try to improve myself every day.

If you were invisible, where would you go? To the doctor to fix it. Who wants to be invisible?

What traits in others are you attracted to? Confidence, kindness, height

What is the kindest thing anyone has done for you? I’m a big fan of little acts of kindness. I really appreciate someone just being there for me when I need someone to talk to or to give me a hug.

How do you want to be remembered? With fondness by family and friends, but no need to go down in the history books.

What would you do with a million dollars? Pay off my student loans, my mortgage, buy a new car, make sure my parents are set for retirement, and invest the rest - if there is any left over!

If you were on an island, who would you want to be with? My friend Scott. Why? He’s an ex Navy SEAL, so I’m pretty sure he has some good survival techniques, plus he’s a cutie.

You have a 10-minute speech to give at a high school, what is it about? My valedictorian speech and it was about planning the future and to keep going when those plans don’t work out like you wanted them to.

Welcome New Faculty

The Department of Psychiatry and Behavioral Sciences welcomed Matthew Macaluso, DO, from resident to faculty this fall. Matthew Macaluso, DO, joined the department as an Associate Residency Training Director. He will be covering the inpatient services for faculty. Dr. Macaluso completed his psychiatry residency October, 2009 at the University of Kansas School of Medicine–Wichita.
The University of Kansas School of Medicine-Wichita (KUSM-W) is seeking exceptional candidates for several new full-time faculty positions in the Department of Psychiatry and Behavioral Sciences. Your help in finding qualified candidates for the following critical positions would greatly be appreciated.

One position is a board certified/board eligible child psychiatrist. This is a needed position as the department continues to move toward starting a child psychiatry fellowship. Wichita and the surrounding areas are underserved in child psychiatry. The faculty member in this position will work within the faculty clinic, inpatient unit, and as a community partner. Research opportunities are available.

The second faculty position open is a psychiatrist trained and experienced in the area of chemical dependency or addictionology, preferably board certified in addictionology. The position when filled will meet a continuing need for training for psychiatry residents and provide services within the VA system and in the faculty clinic.

The department also is seeking a psychiatrist to lead research efforts in psychiatry. The person in this position will provide education in research methodology, grant writing, and data analysis to psychiatry residents. The individual will work with residents in developing their own projects as well as publishing articles on his/her findings.

The final position is for a health psychologist specializing in the area of oncology. The faculty member will work with the Internal Medicine department in its newly formed cancer survivorship clinic. Additional responsibilities will include a psychology clinic within the psychiatry faculty clinic.

The successful MD candidates must be board-certified or board-eligible in psychiatry and the specialty, be licensed or have the ability to obtain a license to practice medicine in the state of Kansas, and have a current DEA certificate. A candidate must be able to obtain hospital privileges at Via Christi Regional Medical Center and be in good standing with the State Board of Healing Arts. PhD candidates must be licensed or have the ability to obtain a license from the Behavioral Sciences Board in the state of Kansas. Faculty ranking will depend on experience and KUSM-W requirements. For the full job descriptions and to apply, please go to http://jobs.kumc.edu. CVs will be accepted, but all candidates must apply online.

If interested or have questions, please contact, Janice McAdam at 316-293-3568, or jmcadam@kumc.edu.