Department Update

Lyle Baade, PhD, ABPP Cn has stepped into the role of interim chair for the Psychiatry and Behavioral Sciences department. Dr. Baade joined the department in 1978, was appointed vice chairman in 1986, and previously served as interim chair and acting chair of the department in 2010. Dr. Baade graduated from the University of Denver with a bachelor’s degree in psychology, and he earned a master’s degree and Ph.D. in psychology from Florida State University. At Colorado University School of Medicine, he did a fellowship in child development and child psychopathology followed by a fellowship in clinical neuropsychology, which he completed in 1975.

Dr. Baade is board certified with the American Board of Professional Psychology/American Board of Clinical Neuropsychology in clinical neuropsychology. He is a licensed psychologist and specializes in adult and geriatric clinical neuropsychology and forensic clinical neuropsychology. Dr. Baade has been responsible for the development of the department’s psychology education programs, which currently include a fellowship in clinical neuropsychology and participation in the Wichita Collaborative Psychology Internship Program.

Dr. Baade is actively involved in research and has been awarded multiple psychology and neuropsychology grants from sponsors including NIMH, NIH, HRSA, and RNS. Dr. Baade has published articles in leading academic journals such as The Clinical Neuropsychologist, The Archives of Neuropsychology, and the American Journal of Psychiatry. He has contributed two chapters to the Handbook of Pediatric Neuropsychology and two chapters to Forensic Psychology and Neuropsychology for Criminal and Civil Cases.

Dr. Baade’s contributions to the community have included working with students in the clinical track of the Ph.D. program in the Department of Psychology at Wichita State University; serving as an oral examiner for SCAT officer applicants with the Wichita Police Department and work sample reviewer for the American Board of Clinical Neuropsychology;chairing the psychology committee for Via Christi Regional Medical Center; and serving as a member on the Ethics Committee for the Kansas Psychological Association and the Board of Governors with the Kansas Psychological Association.

Russell Scheffer, MD, has stepped down from the chair position to focus on his research and practice. Dr. Scheffer graduated from the University of Kansas (KU) in 1987 with a bachelor’s degree in human biology after having attended the United States Military Academy at West Point from 1983 to 1985. He earned his medical degree from KU in 1991 and did his residency in general psychiatry at Dwight David Eisenhower Army Medical Center (DDEAMC). He then completed a fellowship in child, adolescent, and family psychiatry at the DDEAMC/Medical College of Georgia Combined Program.

The recipient of many awards over the years, Dr. Scheffer received the Early Career Achievement in Medicine Alumnus Award from KU Medical Center in 2010. The department thanks Dr. Scheffer for his years of service and leadership and values his continued service as a child psychiatrist and researcher on the Wichita Campus.

Under Dr. Baade’s leadership, the department will continue its focus on education through clinical care, clinical (patient-centered) research, and community involvement. The department has expanded the psychology training programs to include a one-year clinical child fellowship under the supervision of Dr. Nicole Klaus. The department is actively recruiting a psychiatrist whose duties may include outpatient and consultation/liaison services. The research activities of the department are active and expanding, with over 10 active studies.
How can we effectively teach the art of medicine; communicate well; be understanding, competent, compassionate, knowledgeable, trustworthy, responsive, respectful, and easy to approach; listen without judgment; and provide excellent care to our patients? The topic of teaching and evaluating professionalism has been discussed over many decades and still remains an open debate today among physicians and healthcare professionals of many specialties. In the book Professionalism in Psychiatry, Glen Gabbard, MD, presents widely encountered clinical scenarios and discusses key points for consideration in the field of psychiatry.

During the last faculty education meeting in March, we discussed the challenges of the “hidden curriculum” and possible solutions. We started off by looking at different models of teaching, including some extreme variation, known as “pimping,” where the supervising physician poses questions or interacts with trainees in a way that exposes the lack of knowledge rather than opens a dialog and pathway for learning. Dr. Gabbard makes a parallel with “fraternity or sorority” hazing.

An opportunity to empower the learner is missed, rather the patterns of achieving “superiority” at all cost are taught, learned, and perpetuated. The “hidden curriculum” becomes a model of behavioral patterns learned by observation and has far-reaching influence on the trainees and overall quality of education.

Dr. Gabbard also points out that early career physicians often experience greater role tensions because of the need to balance effectively and efficiently often heavy service responsibilities, demands of career expectations, and family priorities. The “hidden” ethical tensions manifest themselves not only for the learners, caregivers, supervisees, and supervisors on a daily basis, but also within the context of a larger healthcare system. Therefore, professional behaviors of individuals are influenced by the environmental context and organizational structure of the medical practice.

The Accreditation Council for Graduate Medical Education (ACGME) defined professionalism as a commitment to executing professional responsibilities, sensitivity to a diverse patient population, and adherence to ethical principles (1997). At times, the pendulum of professionalism can swing too far in the direction of perfection, and we can lose sight of realistic expectations. The balance can be challenging to achieve within the large system with multiple forces pulling in opposing directions. The practical solution is always simple: we can accomplish more by working together and paying attention to what matters most… the care of our patients.

References:
4. www.acgme.org

By: Inna D’Empaire, MD

“Hidden Curriculum” & Challenges
Inherent in Teaching and Evaluating Professionalism

Excellence is an art won by training, and habituation. We do not act rightly because we have virtue or excellence but rather we have those because we have acted rightly. We are what we repeatedly do. Excellence then is not an act but a habit.

Aristotle

Barb Finley is responsible for anything related to the residency program, including organizing resident recruitment and the graduation celebration every year. During Barb’s 20 years at the KU School of Medicine–Wichita, she has worked with several training directors and aided multiple reaccreditation processes. She also has “mothered” nearly 100 residents through the psychiatry program.

Dr. Kereches, chief resident, remembers interviewing as an applicant for residency in 2008, at which time Barb “pretty much sold the program to me with her hospitality, professional behavior, and kindness. She is a great support to the residents.”

Dr. D’Empaire, residency program director, praises Barb’s knowledge and competency of the program. “Barb was instrumental in our recent five-year reaccreditation, providing organized, accurate, and complete documentation. By developing positive working relationships with faculty and residents alike, Barb keeps the program running smoothly. Barb recognizes and cultivates the potential in each of the residents."

Dr. Baade considers her “an invaluable asset for the residents, the faculty, the program director, and the chair.”

Barb fills in where she is needed in the department and covered the medical student education coordinator responsibilities for several months. Barb has served on the Activity and Recognition Committee for several years.

And if you happen to find Barb away from her office, turn on the TV because she’s probably in Lawrence at the basketball games!
Within the research department, our primary faculty members dedicated to research include:

- Dr. Scheffer – Dr. Scheffer is a professor with the department and is the primary principal investigator on our adult studies. His research areas of interest include psychopharmacology, bipolar disorder, psychotic disorders, ADHD, depression, pharmacogenomics, and neuroimaging.

- Dr. Preskorn – Dr. Preskorn is a professor with the department and serves as a principal investigator on our adult studies. His basic pharmacological and neuroscience research has included studies in learning theory, neurochemistry, neurophysiology, histochemistry, electron microscopy, cerebral blood flow and metabolism, positron emission tomography and radioligand binding. His clinical research has included pharmacokinetics and drug development through all clinical phases, starting with “first time in man” studies through registration proceedings.

- Dr. Macaluso – Dr. Macaluso is an assistant professor as well as the associate director of residency training in the department. He is the primary principal investigator on our adult studies. His research areas of interest include psychopharmacology, schizophrenia, depression, dementia, and clinical trials.

Interested in participating in a study?

Research studies are conducted on the Wichita Campus, at 1001 N Minneapolis, and at the KU-Wichita Clinical Trials Unit, located just off of East Kellogg at 8911 East Orme. Participating in a study may involve a physical exam, laboratory work, and completing medical and psychiatric histories and multiple questionnaires. The KU Wichita Clinical Trials Unit conducts both outpatient and inpatient clinical trials. By providing multiple locations and quality investigators and staff, the Department of Psychiatry and Behavioral Sciences offers additional treatment options through research. Please contact us at (316) 293-3806 for additional information about participating in clinical research studies.

Community Efforts

In an extended effort to enrich our community, the Department of Psychiatry and Behavioral Sciences is a sponsor for the Link4Life Run to Prevent Suicide on Saturday, April 14. We will have a booth with information on our research studies available for interested individuals. More information and registration details can be found at www.sedgwickcounty.org/suicide/prevention.

By: Kelly Underwood, Research Associate
Congratulations

Aveekshit Tripathi, MD, third-year resident, and his wife on the birth of their daughter on February 18.

Presentations:

Veenstra, G. (2012), presented Empowering Treatments through a Neuroscience Model of Emotion at the Anxiety Disorders Association of America Annual Convention, April 14, Arlington, Va.

Publications:


Welcome New Residents

At the University of Kansas, March is always a special time with “March Madness” and it’s also always a special time in the Department of Psychiatry and Behavioral Sciences as we find out who will be our incoming residents. This group of residents comes from a variety of backgrounds and we are extremely excited to welcome them. Please welcome the following to our department and residency program:

Raymond Chankalal was born in Toronto, Canada and completed his medical school training at Saba University School of Medicine, Netherlands, Antilles. His interests include playing the guitar, reading fiction, skating, and playing hockey. Cooking is listed as one of his favorite activities so we are all looking forward to that! He has past experience in research and has published articles as well as poster presentations.

Caleb Downing, originally from Coffeyville, Kansas, he graduated from Kansas City University of Medicine and Biosciences. Caleb completed his PGY 1 year in the Family Medicine Practice Residency Program here in Wichita and will be joining our program this July. While a medical student, Caleb volunteered on a medical mission trip to Honduras and was actively involved in other community outreach programs.

Brooke “Dee” Sadler, born in Oklahoma City, she received her DO degree from Touro University Nevada College of Osteopathic Medicine. Dee also went on a humanitarian and medical missionary trip to Wellington Orphanage in Africa while a medical student as well as volunteered for many service organizations in Oklahoma. Reading is listed as her favorite hobby and she enjoys working out. Dee was a competitive gymnast for approximately 10 years.

Shumaila Younus, earned her medical degree at Arub Medical College in Pakistan and is currently an extern in the psychiatry department at the KU Medical Center in Kansas City. She enjoys spending time with her boys, painting in watercolors, and creating her own unique recipes.

Welcome New Staff

In December 2011, the department welcomed Ronda Magness as the medical student education coordinator. Ronda brings over 10 years of experience in higher education, including work at Tabor College and Friends University. As a University of Kansas (KU) alum, Ronda feels right at home. Ronda’s claim to fame is a recent trip to Chicago when she attended the Oprah Show and shook Oprah’s hand. Ronda loves to shop, and names Ross’, Forever Yours, and Pier 1 Imports among her favorite stores.

In February, we welcomed Kelly Underwood as research associate. While working to earn her Bachelor of Arts from KU, Kelly served as an undergraduate research assistant for the early childhood research lab. After graduation, Kelly continued on to work as a mental health/disabilities specialist with Child Start, and then as a financial advisor with New England Financial. Her love for KU and research brought her right back to KU! Kelly has an eclectic array of hobbies – from playing the piano (for over 20 years!), working on cars, cheering on KU basketball, and home improvement projects, she is always busy.

Publication:


Barbara Finley, resident education coordinator