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KU School of Medicine-Wichita offers only Summer Treatment Program in Kansas for children with ADHD

WICHITA, KANSAS – A new summer camp aimed to help youngsters with ADHD modify their behavior — and have fun — is being jointly sponsored by the Department of Psychiatry & Behavioral Sciences and the Department of Pediatrics at the University of Kansas School of Medicine-Wichita.

The camp is built on the belief and developing research that teaching kids how to adjust their behavior and cope is a powerful tool alongside medications that help but can’t entirely do it alone.

“Children will learn skills like waiting their turn to speak, listening and following along, and making appropriate contributions to discussions,” said psychologist Nicole Klaus, Ph.D., an associate professor at the medical school and one of three camp directors.

Klaus, who works with children and adolescents, learned about the Summer Treatment Program several years ago and observed the Kansas City, Missouri, camp last summer. STP has been recognized as a model program for children with ADHD and has been used in more than a dozen sites across the country.

The camp, for children ages 6 to 10, will be at Sunrise Christian Academy in Bel Aire, Kansas, from June 1 to July 17 from 8:30 a.m. to 4:30 p.m. The day will be divided up into various sessions to keep the campers’ attention and interest. Weekly parents’ meetings will help them learn about their children’s individualized plan and how they can supplement and reinforce it at home.

To find out more about the KU Summer Treatment Program, visit wichita.kumc.edu/ADHDSTP or call 316-293-2691. Parents and health care professionals can begin the application and screening process via that website.

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Media: To learn more about the camp and to schedule an interview with Nicole Klaus, Ph.D., contact Belinda Venters at 316-293-3536 or bventers@kumc.edu.

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