Hot shots
Looks like Bill Self hasn't cornered the market on champion Jayhawk basketball teams. KU School of Medicine-Wichita has its own squad representing in the Men's B division at the Andover Y. The “Nothing But Netters” are in their second season and are defending champs of the league.

The 12-player team (which includes one woman, third-year Kelly Thomson ... you go, girl!) is currently in a three-way tie for first place, with a record of 5-1. Since they won the division last year, everyone's hoping for a repeat.

Their next games are the final matchups of the regular season, and are at noon and 1 p.m. Sunday, July 21, at the Farha Sports Center, 640 YMCA Drive in Andover. They'll then compete in the end-of-season tournament.

According to David Watson, MS3, the group started playing basketball together during their first few weeks of school, and it really turned out to be a great way to have fun and get to know each other.

Some members of the 2018 champion Nothing But Netters (left to right): Eyan Roth, Will Donelson, Daniel Clausing, Brice Dean, Jeremy Lickteig, David Watson, David Baalmann.

“I think an added bonus of our team is we get to work with each other in pressure situations outside of school, whether the game is coming down to the last possession or we need to get a bucket to stop a run. This has helped create tight bonds between us, and we've seen the effects carry over to school where we all work incredibly well together,” he said.

Continued on next page.

Population Health
Effective July 1, Preventive Medicine & Public Health at KUSM-W integrated with KUMC to become the Department of Population Health.

Ed Ellerbeck, M.D., MPH, is chair of the integrated department and is based in Kansas City. Brian Pate, M.D., chair of Pediatrics, is serving as interim vice chair of the Wichita campus department while recruitment for a permanent vice chair takes place. The new vice chair will also serve as director of Maternal Child Health for the integrated department.
Hot shots, cont.
Besides Thomson and Watson, this year’s team roster includes David Baalmann, MS3; Daniel Clausing, MS3; Brice Dean, MS3; Will Donelson, MS3; Max Hagan, MS2; Jeremy Lickteig, MS3; Derek Nold, MS3; Yegor Paschenko, MS3; Daniel Ratzlaff, MS3; and Eyan Roth, MS3.

Brice Dean uses basketball as a tool to relieve stress and stay in shape.

“It’s been a good experience for me. It’s a great way to meet new people and create closer bonds with the friends I made last school year,” he said.

The team would like to thank Academic & Student Affairs for sponsoring the league fees, which also includes the student softball team.
We want your stories!
Is there a special event happening in your department? Do you know a student who has an interesting hobby, or who has made a significant accomplishment? Are you involved in community outreach? An educational program? A hands-on workshop or training session?

Public Affairs wants to know about any and all of these events. There are a variety of ways we can publicize events and accomplishments in the school, but we can’t promote them if we don’t know they’re happening. Though not every event is going to catch the attention of the media, we can still promote your event through one of our social media accounts, our monthly community newsletter or by writing our own feature story for the school’s website. Drop us an email and tell us what’s happening. We’ll share the good news.

The LinkedIn page for KU School of Medicine-Wichita has transitioned from a company page to a higher education page, making it easier for our alumni to add our school to their LinkedIn profiles. Whether you’re one of our alumni, students, residents, faculty members or staff members, we invite you to connect with us on LinkedIn. Show your pride and update your profile to reflect your affiliation with KU School of Medicine-Wichita!

We support you
Public Affairs offers a variety of items to support your events. Do you need a logo banner to showcase at your fair booth? We have a few. Are you serving cold drinks at an event and want something sleeker than a cooler? You can borrow one of our stainless steel beverage tubs.

Visit our website to check out photos of available items and fill out an event support request form to reserve what you need. New designs of retractable banners and flag banners are available!

You can also request an appearance by our energetic and fun Baby Jay. Loved by adults and kids alike, Baby Jay will kick your event up a notch. All Baby Jay appearances must have a direct connection to KUSM-W.

Town Hall
Executive Vice Chancellor Robert Simari, M.D., will present a Town Hall address from 10-11 a.m. Tuesday, July 23. It will be broadcast to Wichita via iTV, in the Roberts Center Conference Room. Topics will include campus, construction and leadership updates.
Biometric screenings
Onsite HealthQuest biometric screenings are scheduled from 8 a.m. - 1 p.m. Tuesday, July 30, and Friday, Oct. 4, in the Sunflower Room.

- Please **make an appointment** for your screening.
- You will need to provide your date of birth, employee ID number and legal name. Your employee member number is on your pay stub and on your Caremark (Rx) card. It will start with a letter - K, W, J, M or another letter depending on your region and have 10 numbers after it. The employee will put EE at the end, but their spouse will use the employee member number with SP at the end.
- What do I need to do to prepare for my screening? For the most accurate results, you should not eat for at least 9 hours before your screening, but you can drink as much water, black coffee, or plain tea as you wish.
- WALK-INS MAY BE ACCOMMODATED ON A LIMITED BASIS.
- Alternatively, you may request a home test kit or complete a physician form.

Health coaching
In conjunction with the biometric screenings on July 30 and Oct. 4, on-site health coaching is available from 8:30 a.m. - 1 p.m. in the Great Plains Room. Appointment times are still available. Log in to your HealthQuest account and select Coaching Registration to sign up.

Designate a beneficiary for your Health Savings Account
If you have a Health Savings Account, you should choose a beneficiary immediately. Per IRS Publication 969, what happens to your HSA when you die depends on whom you designate as the beneficiary. If your spouse is the designated beneficiary, the HSA will be treated as your spouse’s HSA after your death. If your spouse isn’t the designated beneficiary, the account stops being an HSA and the fair market value of the account becomes taxable to the beneficiary in the year in which you die.

Log on to your NueSynergy account today to complete the form to designate your beneficiary. From the home page, click on Resources, then select Forms and Documents to locate the form. Completed forms should be faxed or mailed directly to NueSynergy.

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Personal & Professional Development Corner

Grit: The Power of Passion and Perseverance
by Angela Lee Duckworth (6 minutes, 1 second)

Leaving a high-flying job in consulting, Angela Lee Duckworth took a job teaching math to seventh graders in a New York public school. She quickly realized that IQ wasn’t the only thing separating the successful students from those who struggled. Here, she explains her theory of grit as a predictor of success.

https://www.ted.com/talks/angela_lee_duckworth_grit_the_power_of_passion_and_perseverance

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Walk at Lunch at Botanica
Health ICT has partnered with Botanica to offer a Walk at Lunch joint-use agreement to registered worksites, which allows employees to walk through Botanica's beautiful gardens for only $1 from 11 a.m.-1 p.m. Monday-Friday. This Walk at Lunch opportunity is available now through Nov. 15. KU School of Medicine-Wichita has registered as a worksite, so this opportunity is open to the campus community, including MPA employees. Simply pay at the front desk and mention that you are there for the Walk at Lunch program and that you are with KU (showing your KU ID badge is ideal but not required). Entry costs are the responsibility of each individual. Additionally, the Garden Cafe at Botanica is offering a 10% discount on menu items to worksite participants during those times. Check out the different walking path maps here!

Career opportunities
Visit https://jobs.kumc.edu to view current job openings for all KUMC campuses. To view a list of INTERNAL ONLY job openings, current employees may log in with their KU network ID/password, select Search Jobs, then select Search Internal Jobs.

Employee Assistance Program
Ever taken advantage of the Employee Assistance Program (EAP)? Click here for a schedule of free webinars!

Financial Wellness & Retirement Series
Human Resources and Faculty Affairs & Development are partnering to sponsor a Financial Wellness & Retirement Series for all members of the KUSM-W community. Whether you are getting close to retirement or just joining the workforce, there are simple steps you can take now to make great strides to help you reach your financial goals.

The series will cover a different topic each month from July to December. Consultants from various organizations will cover topics on money management, financial wellness, Medicare, Social Security benefits, retirement planning and much more. Learn more!

Money at Work - Foundations of Investing, presented by TIAA
Join us for our first session of the series from 2-3 p.m. Wednesday, July 17, in the Sunflower Room.

This will be our only webinar of the series. In this session, you will discover how you can manage risk versus reward, as well as understand the role of investing and managing risks, ways to help accelerate savings and tools that can help sustain a portfolio. Register for this session!
July 11
USD385.org
Andover Public Schools first in Kansas to be named Heart Safe School

June 30
The Hutchinson News
Business people briefs

Dr. Veronica Amey-Perrin

June 28
Wichita Business Journal
Women Who Lead - Health Care

Dr. Donna Sweet

June 28
KCUR 89.3
Vaccine opposition isn’t why many thousands of Kansans miss out on shots

June 20
KWCH Channel 12
$1.8 M grant to help Kansas doctors treat children with mental illness

For all the latest news stories and press releases about KUSM-W, visit our news page.
Power outage preparation
We count on electricity for heat, air conditioning, food and medical needs. A power outage is an emergency usually secondary to another emergency such as a tornado, severe weather, ice storm, etc. Power may also be out for an extended amount of time if a power pole or transformer is damaged, or there is damage at an electrical substation. Usually there is very little warning as to when power will go out, so it is important to prepare ahead of time.

Generators can be used to keep food cool, power lights, telephones and televisions, as well as keep furnaces, sump pumps, and air conditioning units operating. Before you buy a generator, think about what you want to keep running during a power outage and consult with an electrician or home improvement professional about the size and type you need. It is very important to follow instructions on how to safely use your generator. Two very important safety things to keep in mind: ALWAYS run a generator outside, never indoors, and never use a cord from a generator to backfeed a circuit in your home.

The safest way to provide emergency lighting during a power outage is with battery-powered flashlights and battery-powered lanterns. Keep flashlights with fresh batteries throughout your home and periodically check to see they operate properly. Always keep extra batteries on hand, as batteries can be hard to find in a disaster. You may want to also consider buying a rechargeable flashlight or emergency radio that includes a flashlight.

Other things you can do to prepare for a power outage:
- If you have an automatic garage door opener, learn how to use the manual release.
- Make sure you have a car charger cord for your cell phone.
- If you or someone you know uses special medical equipment, like oxygen or dialysis equipment, you can notify the power company in advance to make them aware of your specific needs.
- Keep your vehicle gas tanks at least half full as many gas stations will not operate during a power outage. If a power outage is likely, fill up your gas tank.
- If you have a generator, make sure you have fuel readily available.
- Fill empty space in your freezer with containers of water. Frozen water will help keep food colder longer. Remember to leave space for the water to expand.
- If you use a cordless phone, have at least one phone with a handset cord as many cordless phones will not work in a power outage.

After the power goes out, protect appliances and electronics:
- Unplug major appliances and electronics. When the power comes back on, there may be power spikes that can cause damage.
- Do not open refrigerators or freezers any more than necessary. An unopened refrigerator will keep food cold for up to four hours, an unopened freezer can keep food frozen for up to 24 hours.

And finally, a few random power outage safety reminders:
- Stay away from downed power lines and anything they are in contact with, such as fences, buildings and vehicles.
- Never drive over downed power lines.
- Never use charcoal or gas grills inside a structure. You can be overcome by carbon monoxide. Remember, carbon monoxide is odorless and colorless.
- If you must use candles, use them safely and never leave them unattended. Ensure there are no possible natural gas leaks before lighting any flames or candles.

For more information contact Safety & Emergency Management at 293-3409 or somwemergencysafety@kumc.edu.
Gretchen Homan, M.D., associate professor, was an Engage ICT panelist on July 9 for a community conversation about vaccinations.

Kirsten Bjorkman, M.D.
Pediatric hospitalist

Andrew Ormond, M.D.
Clinical assistant professor

**Turn a Page. Touch a Mind.® collecting children’s books**

We are collecting new and gently used children's books for the Turn a Page. Touch a Mind.® reading program. Books for children of all ages are needed. If you have books to donate, drop off in Public Affairs or at the KU Wichita Pediatrics Clinic at Carriage Parkway.

Before donating books, [review these guidelines](#).

If you have any questions, contact Hannah Kersting at hannah.kersting@wesleymc.com.
Introducing the Class of 2021

Danielle Corbett
Hometown: Belle Plaine, Kansas
Family: Morey and Liz Balzer, parents; Jordan and Derek Balzer, brothers; Bethany Balzer, sister

When and how did you first get interested in medicine?
I've been interested in medicine since I was little. My mother was a nurse and whenever family members would have medical problems, she was the one they would consult or ask for opinions on who to go see. I wanted to be someone that could have answers for people during times when they were worried about their health, especially when they don't have other people to refer to.

What field of medicine are you leaning toward?
I want to go into family medicine, so I can help educate patients and answer questions, guide them and hopefully alleviate some of their concerns. I also like family medicine because I like the continuity of care that they receive. They may go see many specialists, but I'd like to be the one continuous person they can always refer to.

Whom do you most admire, or who is your hero, and why?
All the family docs that I've been able to see interacting with their patients have made a great impact on me. I enjoy taking little pieces of each individual's style to mold what type of doctor I want to be. There have also be a select group of teachers in the past and present that have pushed me to be better and believed in me and I'll be eternally grateful for their influence.

What is one interesting fact or unusual trait about you?
Not very interesting, but in my free time I enjoy spending time with family. I have six nieces and nephews (three born within the last year), so I love getting to spend time with them. I also like to go to the lake and play yard and board games.

Daniel Ratzlaff
Hometown: Moundridge, Kansas
Family: James Ratzlaff, father; Karen Rice-Ratzlaff, mother; Elizabeth Ratzlaff, sister; Luke Ratzlaff, brother

When and how did you first get interested in medicine?
I enjoyed all my science classes during college, but I didn't know what to do with that. However, I slowly gravitated toward the field of medicine, did some shadowing and had interactions with people practicing medicine bolstering my interest enough to get serious about it.

What field of medicine are you leaning toward?
Family practice

Whom do you most admire, or who is your hero, and why?
After Tony Gonzalez (hall of fame tight end for the KC Chiefs) retired from the NFL and I got a little older, I haven't had a specific hero. There still is not one person that comes to mind, but I currently most admire anyone working day in and day out to combat climate change and to preserve the Earth's remaining biodiversity we are so privileged to enjoy. Together, climate change and preservation are one of the most (if not the most) pressing issues we are facing today.

What is one interesting fact or unusual trait about you?
Continuing with the environmental theme from the previous question, I would say I'm a little different than the average person in that I think snakes, and all reptiles for that matter, are fascinating and overall awesome creatures. After watching a bunch of The Crocodile Hunter Steve Irwin as a tyke, I emulated him, chasing after and catching snakes on the rare occurrence that I saw one.
Wanted: Research study participants

Many research opportunities are available. To make a referral into a clinical trial for **teen pregnancy**, adolescent/adult depression, personality disorder or Alzheimer’s, call 316-293-1833 or email clinicaltrialunit@kumc.edu.

More information and a study interest form can be found on our website.

KU Wichita Center for Clinical Research is conducting a research study for children and adolescents with **major depression disorder (MDD)**. Volunteers may be eligible to participate if they are 7-17 years of age and have been diagnosed with major depressive disorder.

Participants and their parent/caregiver will attend 13 appointments over 18 weeks. There is an extension study available for these participants. If the medication is helping the participant’s depression, the medication will be provided for an additional 24 weeks. Study participants will be compensated for their time and travel. For more information, call 316-293-1833.

KU Wichita Center for Clinical Research needs participants with a diagnosis of depression for a research study. Volunteers may be eligible to participate if they are at least 18 years old and have **treatment resistant depression**.

Participants who may qualify should have experienced depression symptoms, be taking an antidepressant medication, and able to provide written consent to participate in the study. Study participants will be compensated for time and travel. For information, call 316-293-1833.

KU Wichita Center for Clinical Research is conducting a research study for a **teen pregnancy** home-based approach to breastfeeding, nutrition, exercise, self-care education, nutritional assessments and emotional support.

You may be eligible for this study if you are age 15-19, pregnant with your first child, at 27-31 weeks gestation, have a low-risk pregnancy, are English speaking and intend to keep the newborn. You will be surveyed about your pregnancy and infant’s care from the time of enrollment to three months postpartum. Some participants may be supplied with an iPad to receive education about breastfeeding, nutrition, exercise and caring for self and baby. If you are interested in this study, contact Lisa Chrisman at 316-293-1833 or lchrisman2@kumc.edu.

KU Wichita Center for Clinical Research is looking for adults (ages 18-75) who are currently experiencing a moderate to severe episode of depression. This study is evaluating an investigational oral medication to see if it reduces symptoms of moderate-to-severe depression. The study lasts up to 56 weeks and may include more than one treatment cycle. This medication is thought to target the brain in a new way and it is being studied as a two-week treatment to understand its effects on depressive symptoms. If you are interested or want more information, please call 316-293-1833 or email lchrisman2@kumc.edu.
Grant awards for resident travel
The KUSM-W Office of Research will provide funds for resident travel to present research at a professional conference. Up to $1,250 may be requested.

Funds are also available for open access and publication fees. Up to $1,500 may be requested.

These funds are provided by grants to WCGME from the Kansas Biosciences Authority. View the travel grant application.

Poster printing
Need a poster printed? Send it as a PowerPoint slide (preferred) or Adobe PDF to kuposters@kumc.edu with size requirements and date needed. Please note: poster should be sized to specifications before it is sent; we will not resize or trim posters.

Posters should be sent for review to Public Affairs at wicpa@kumc.edu before printing to ensure that branding guidelines are met. Please have PowerPoint/PDF files to us at least 48 hours in advance.

Grant award for resident pilot research
This award will provide funding to residents and their mentor faculty for resident research projects. Award amount is up to $5,000 for one year. See the RFP for more details.

There is additional funding for resident travel and open access and publication fees.

Save the date
28th Annual Research Forum
Friday, April 17, 2020
KU School of Medicine-Wichita
Unconscious Bias
Tuesday, Aug. 20
9-11 a.m.
Flint Hills Room
RSVP through the KUSM-W Events Calendar

Unconscious Bias is: mental associations without awareness, intention or control. These associations often conflict with our conscious attitudes, behaviors and intentions. In this two-hour workshop, we will identify how our individual backgrounds and the processes of the unconscious mind can impact critical decisions. We will discuss strategies for practicing more conscious awareness as individuals and as team members in order to make better decisions in patient care, in our organizations and in other important areas. This session is open to the entire KUSM-W campus community. Unconscious Bias training is also hosted for individual departments by request. Email Julie Galliart at jgalliart@kumc.edu for more information.

East Gallery
“Aesthetic Realms”
Mixed media
Jae Eaton
July 26-Sept. 30

Join us for a Final Friday opening reception from 5-7 p.m. Friday, July 26. Complimentary wine and hors d’oeuvres will be served.

West Gallery
“Stories From the Book of the Dirty Sunshine Club”
Photography
Joey Henry
Through Aug. 31

For more information about the William J. Reals Galleries of Art, or if you or someone you know is interested in scheduling an exhibit, contact Jennifer Eaton at 293-3534 or jeaton2@kumc.edu.
Employment anniversaries
Congratulations on your employment anniversary. We’re glad you’re here!

Apeksha Sathyaprasad
July 17

Judy Blair
July 18

Nathan Hall
July 18

Paul Ndunda
July 19

Stephanie Murray
July 21

Adam McClure
July 24

Robin Heinrichs
July 26

Paul Teran
July 30

Welcome to KUSM-W

Kimberly Boles
HIV referral specialist
KU Wichita Internal Medicine Midtown Ryan White Part C

Deb Burchardt
Registered dietician PRN
KU Wichita Center for Health Care

Amie McDaniel
Medical assistant, Gastroenterology
KU Wichita Center for Health Care
Welcome to KUSM-W

Patty Tenofsky, M.D.
Clinical associate professor

Welcome to KUSM-W

Elsa Romero
Custodian

Welcome to KUSM-W

Bernard Hearon, M.D.
Associate Orthopaedic Residency Program director of research
Upcoming faculty development events

New Faculty Orientation
Friday, Aug. 16
7-10 a.m.
Meadowlark Room
Email jgalliart@kumc.edu to RSVP

Through orientation, faculty develop a deeper understanding of our campus history, current initiatives, resources, and opportunities for growth and collaboration. This is a valuable networking opportunity for faculty, given the wide array of speakers who participate in this important event.

ACE Curriculum Overview for Clinical and Volunteer Faculty
This session is offered twice. Please RSVP through the KUSM-W Events Calendar.
Option 1: 7-7:30 a.m. Friday, Aug. 16, in the Meadowlark Room (as part of New Faculty Orientation).
Option 2: Noon-1 p.m. Wednesday, Aug. 21, in the Wichita Room (lunch provided).

The KU School of Medicine curriculum is referred to as ACE: active, competency-based and excellence-driven. Implemented in 2017, our first ACE students are now beginning their third year, or “clerkship year.” In this session geared toward clinical and volunteer faculty, we will discuss how the ACE Curriculum differs from the former Legacy Curriculum, with special attention given to how differences in training may impact your experience in the clinic or hospital with these students. Those who attend this session will be able to: describe learning activities in the ACE Curriculum; describe the role of the student as a learning partner in clinical experiences; identify tasks students should be able to perform competently in clinical settings; and identify tasks that would help students build their knowledge in the clinical environment.

Annual School of Medicine Faculty Retreat
Friday, Aug. 23
2-4 p.m.
Wichita Room
  2 p.m. Keynote from Jeff Long, KU Athletic Director
  3 p.m. Mentoring Awards Presentation by Dr. Simari
  3:15 p.m. Remarks to the faculty by Chancellor Dr. Doug Girod
  3:30 p.m. State of the School Address by Dr. Simari

Kudos!
Sachin Srinivasan, M.D., resident, was selected as one of the American Association for the Study of Liver Disease 2019 Emerging Liver Scholars. Now in its eighth year, AASLD Foundation’s Emerging Liver Scholars program will host 40 young physicians at The Liver Meeting® 2019 in Boston.

Chosen from a highly qualified applicant pool of 139 individuals, these trainees have received grants covering travel, housing and meeting expenses. In addition to attending the meeting with an AASLD member/mentor from their institution, the ELS attendees will have the opportunity to attend special events specifically suited to their current and future academic needs. Dr. Srinivasan’s mentor is William J. Salyers Jr., M.D., MPH, FACP, associate professor and chair.
KU Today
KU Today is the official publication from the Office of Public Affairs at the University of Kansas in Lawrence. Read the current edition.

Classifieds

For rent
2 bedroom, 1 bath house. 439 N. Gow, Wichita. Finished basement and large garage. $750. Contact natedavis52@yahoo.com.

If you have a classified ad you’d like listed in JTO, review the guidelines and submit the online form.

JTO deadline
The deadline for the next issue of JTO is noon Monday, July 22. Send items of interest to wicpa@kumc.edu.

Social media

Like us on Facebook. Follow us on Instagram.

Follow us on Twitter. Follow us on LinkedIn.

Ask the Dean
Is there something you’d like to know from Dean Minns?
Submit your questions or comments and he’ll reply via email or in Jayhawk Talk Online.

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the university's programs and activities. Retaliation is also prohibited by university policy. The following persons have been designated to handle inquiries regarding the nondiscrimination policies and are the Title IX coordinators for their respective campuses: Executive Director of the Office of Institutional Opportunity & Access, IOA@ku.edu, 1246 West Campus Road, Room 153A, Lawrence, KS 66045, 785-864-6414, 711 TTY (for the Lawrence, Edwards, Parsons, Yoder and Topeka campuses); Director, Equal Opportunity Office, Mail Stop 7004, 3901 Rainbow Blvd., Kansas City, KS 66160, 913-586-8011, 711 TTY (for the Wichita, Salina and Kansas City, Kansas, medical center campuses).