Public health is your health
National Public Health Week is April 6-12, and with the current spread of COVID-19, public health is on our minds a lot these days.

As part of NPHW, daily themes were developed to raise awareness for several areas of public health. Here are those themes, along with ways to implement them during this time of social distancing and staying at home.

Monday: Mental Health — advocate for and promote emotional well-being.

Tuesday: Maternal and Child Health — ensure the health of mothers and babies throughout the lifespan.

Wednesday: Violence Prevention — reduce personal and community violence to improve health.

Thursday: Environmental Health — help protect and maintain a healthy planet.

Friday: Education — advocate for quality education and schools.

Saturday: Healthy Housing — ensure access to affordable and safe housing.

Sunday: Economics — advocate for economic empowerment as the key to a healthy life.

Working from home? Helping others? Share a photo with us!
Things have changed for many of us, and we’d like to see how you’re making the best of it. Did you set up a home office and now have a furry co-worker? Did you come up with something innovative to help others? Are you making time to enjoy green space, or did you take up a hobby? Email us a photo, and we’d love to share it on social media channels or other communications. You can send your photo to wicpa@kumc.edu. When sending a cellphone photo, please send the largest size possible or select “original size.”

Pictured at left: After a full week of Public Affairs work at home with Jennifer Eaton, Mr. Foxy would like to know who’s in charge of HR.
Tell us your stories!
Is there a special event happening in your department? Do you know a student who has an interesting hobby, or who has made a significant accomplishment? Are you involved in community outreach? An educational program? A hands-on workshop or training session?

Public Affairs wants to know about any and all of these events. There are a variety of ways we can publicize events and accomplishments in the school, but we can’t promote them if we don’t know they’re happening.

Though not every event is going to catch the attention of the media, we can still promote your event through one of our social media accounts, our monthly community newsletter or by writing our own feature story for the school’s website. Drop us an email and tell us what’s happening. We’ll share the good news!

We support you
Public Affairs offers a variety of items to support your events. Do you need a logo banner to showcase at your fair booth? We have a few. Are you serving cold drinks at an event and want something sleeker than a cooler? You can borrow one of our stainless steel beverage tubs.

Visit our website to check out photos of available items and fill out an event support request form to reserve what you need.

You can also request an appearance by our energetic and fun Baby Jay. Loved by adults and kids alike, Baby Jay will kick your event up a notch. All Baby Jay appearances must have a direct connection to KUSM-W.

Way to go!
Members of the Public Affairs team recently won three awards in the Kansas Professional Communicators Professional Communication Contest.

Jennifer Eaton, senior communications coordinator, was awarded first place in the electronic newsletter category for Jayhawk Talk Online. The entry has moved on to the contest at the national conference in Fayetteville, Arkansas.

Darcy Gray, digital communications coordinator, was awarded second place in the video for web category with the Instagram video, “Preparing for a lifetime of service,” which highlighted the volunteer work of our first-year students.

Darcy Gray, Jennifer Eaton and Belinda Venters, associate director, were collectivity awarded first place in the newsletter editing category for Embark magazine. This entry will also move on to the national contest.

Congratulations, team!
Stressed about the coronavirus?
The ever-changing landscape surrounding the COVID-19 pandemic is causing an enormous amount of stress for everyone. How each individual handles that stress varies greatly, and many of us need help and tools to manage it. The CDC has provided this page with some helpful tips for handling the stresses caused by this outbreak. Don’t forget, all benefits-eligible employees also have access to the Employee Assistance Program that can assist you during this unprecedented time. You can view EAP information on the KDHE website or contact them at 1-888-275-1205.

Career opportunities
Visit jobs.kumc.edu to view current job openings for all KUMC campuses. To view a list of INTERNAL ONLY job openings, current employees may log in with their KU network ID/password, select Search Jobs then select Search Internal Jobs.

SEHP spring newsletter
Check out the latest newsletter from the State Employee Health Plan.

Personal wellness
During a time when the country is facing an epidemic that none of us has ever seen in our lifetime, focusing on our own wellness is more important than ever. For anyone that is enrolled in medical benefits, you have access to the HealthQuest portal with a multitude of wellness activities at your disposal. Not only can these be beneficial to your overall wellness, but you can also check off requirements for HealthQuest rewards for HSA/HRA points and meeting your requirements for the 2021 premium discount (this varies by plan type). Log in to the HealthQuest site for more information.
March 25
KAKE Channel 10
What businesses and residents need to know about Sedgwick County's stay-home order

March 24
The Wichita Eagle
Sedgwick County health officer explains timing of his stay-home order

March 20
KPTS PBS Channel 8
Kansas Week: Dr. Garold Minns

March 18
KWCH Channel 12
Importance of social connections emphasized for children out of school

March 14
The Topeka Capital-Journal
It's your business for March 14, 2020

For all the latest news stories and press releases about KUSM-W, visit our news page.
Community Conversations

**Thursdays**
Noon-12:45 p.m.
Available via Zoom from Kansas City (links will be sent via broadcast email)

A casual forum for students, faculty, residents and staff to share diverse insights on various topics of interest to our community.

First Thursday: Turning the Page
Second Thursday: Culture Hour
Third Thursday: Sustainability
Fourth Thursday: Health & Wellness
Fifth Thursday: Crucial Conversations

For more information, contact Alexa Smith at 913-588-1480 or asmith5@kumc.edu.

Happy anniversary!

Allison Renn, office coordinator, celebrates her employment anniversary today, April 1. We’re glad you’re here, Allison!

Welcome to KUSM-W

Keyla Garcia
Custodian
Grant awards for resident travel
The KUSM-W Office of Research will provide funds for resident travel to present research at a professional conference. Up to $1,250 may be requested. Funds are also available for open access and publication fees. Up to $1,500 may be requested.

These funds are provided by grants to WCGME from the Kansas Biosciences Authority. View the travel grant application.

Poster printing
Need a poster printed? Send it as a PowerPoint slide (preferred) or Adobe PDF to kuposters@kumc.edu with size requirements and date needed. Please note: poster should be sized to specifications before it is sent; we will not resize or trim posters.

Posters should be sent for review to Public Affairs at wicpa@kumc.edu before printing to ensure that branding guidelines are met. Please have PowerPoint/PDF files to us at least 48 hours in advance.

Grant award for resident pilot research
This award will provide funding to residents and their mentor faculty for resident research projects. Award amount is up to $5,000 for one year. See the RFP for more details.

There is additional funding for resident travel and open access and publication fees.

28th Annual Research Forum canceled
The 28th annual KUSM-W Research Forum scheduled for Friday, April 17, is canceled. As an alternative, ePosters will be accepted and presented with their abstracts online. ePosters will be submitted to cfrank@kumc.edu by Friday, April 17, according to the requirements detailed below. All accepted ePosters will be featured at a virtual online Research Forum beginning May 1.

Requirements: PDF format, size: 56x44, submitted by Friday, April 17.

Please contact Christina Frank in the Office of Research at 316-293-3811 or cfrank@kumc.edu, or K. James Kallail, Ph.D., at kkallail@kumc.edu with any questions.

Medical students are still planning to briefly present their research from 9-10:30 a.m. Friday, April 17, using a virtual format. Mentors, researchers and community members are invited to observe the presentations and ask students questions. Join Zoom meeting with Meeting ID: 413 008 188.
Congratulations to the authors in the latest publication of the Kansas Journal of Medicine.

Kansas Journal of Medicine
Volume 13, 2020

ORIGINAL RESEARCH

51 Short-Term Radiographic Evaluation of a Tri-Tapered Femoral Stem in Direct Anterior Total Hip Arthroplasty
William G. Messamore, M.D., Ph.D.; Matthew L.G. Vopat, M.D.; Elizabeth A. Helsper, M.D.; Andrew J. Bachinskas, M.D.; Michelle J. Nentwig, M.D.; Tarun Bhargava, M.D.

CASE REPORTS

56 A Dramatic Presentation of Pulmonary Edema Due to Renal Failure
Natalie Farha, M.D., Cyrus Munguti, M.D.

58 Significance of Dynamic Imaging in Diagnosis of Hirayama Disease: A Rare Case Report and Literature Review
Gautham R. Kandukuri, M.D., Natasha R. Acosta, M.D.

61 Nonbacterial Thrombotic Endocarditis
Nathaniel Parker, D.O.; Rami Atallah, M.D.; Nicholas Ojile, M.D.; Kamal Chamoun, M.D.; Fredy Nehme, M.D.; Mohinder Vindhyal, M.D., M.Ed.

IMAGES

63 Retained Mediastinal Contrast
Omar A. Almoghrabi, M.D., Gregory F. Muehlebach, M.D.

If you have questions or would like more information, contact Christina Frank, senior coordinator, Office of Research, editorial assistant, Kansas Journal of Medicine, at cfrank@kumc.edu.
**Wanted: Research study participants**

Many research opportunities are available. To make a referral into a clinical trial for ALS, adolescent/adult depression, personality disorder or Alzheimer’s, call 316-293-1833 or email clinicaltrialunit@kumc.edu.

More information and a study interest form can be found on our [website](#).

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KU Wichita Center for Clinical Research is conducting a research study for children and adolescents with major depression disorder (MDD). Volunteers may be eligible to participate if they are 7-17 years of age and have been diagnosed with major depressive disorder.

Participants and their parent/caregiver will attend 13 appointments over 18 weeks. There is an extension study available for these participants. If the medication is helping the participant’s depression, the medication will be provided for an additional 24 weeks. Study participants will be compensated for their time and travel. For more information, call 316-293-1833.

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KU Wichita Center for Clinical Research is looking for adults (ages 18-80) who have been diagnosed with major depressive disorder (MDD) for at least 12 weeks and have failed 2-5 trials of antidepressants or psychotherapy in the current major depressive episode.

The study lasts 12 weeks with eight office visits and pays $50 per visit. If you are interested or want more information, please call 316-293-1833 or email lchrisman2@kumc.edu.

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KU Wichita Center for Clinical Research is looking for adults (ages 50-90) with mild Alzheimer’s interested in investigational IV medication. Need to have caregiver/study partner.

The study lasts 18 months and both participants will be compensated for time and travel. If you are interested or want more information, please call 316-293-1833 or email clinicaltrialunit@kumc.edu.
Psychiatry Grand Rounds
Lunch is at 11 a.m.
Speaker is from 11:30 a.m.-1 p.m.
For more information, contact Ronda Magness at 316-293-3508.

The remaining Psychiatry Grand Rounds sessions have been canceled. Dates affected are April 14, April 28 and May 12.

Learn more about Grand Rounds.

Fam Med Forward
The Kansas Academy of Family Physicians invites you to Fam Med Forward 2020
June 4-6 at the Hilton Garden Inn in Manhattan, Kansas.

This conference offers three days of learning, networking and enjoying your time with colleagues and friends while hanging out in the Little Apple.

Visit the Attendee Hub for a full schedule, hotel information and more. Download the brochure and share with other family physicians and primary care providers who desire a quality conference with 15.25 continuing medical education. Mark your calendar and register today!

Contact the KAFP office at 316-721-9005 or email info@kafponline.org with questions about the meeting or registration.

KAFP gratefully acknowledges The KAFP Foundation as its premiere sponsor for Fam Med Forward 2020. We also know Fam Med Forward couldn’t happen without educational support from these funders: Riley County Medical Society; Herb Doubek, M.D., Medical Student Success Fund; Verlyn Steinkruger, M.D., Memorial Lectureship.

The mission of the KAFP is to support and serve family physicians of Kansas as they advance the health of Kansans.

This Live activity, Kansas-AFP 2020 Fam Med Forward, with a beginning date of 06/04/2020, has been reviewed and is acceptable for up to 15.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Cancer Connections
Cancer Connections 2020 educational sessions are free, web-based classes for cancer survivors. Cancer Connections gives survivors access to experts who can provide evidence-based information to help navigate the survivorship journey. The sessions do not cover information regarding specific treatments for cancer. The virtual sessions are from noon-1 p.m. via Zoom. Registration is required. For more information, contact Judy Johnston, M.S., RD/LD, research instructor, at jjohnsto@kumc.edu.

Financial Toxicity and Cancer
Gary Doolittle, M.D., and Peggy Johnson, Komen Advocate in Science
Tuesday, April 14

Physical Activity After Cancer
Lianna Fry, certified exercise physiologist
Tuesday, April 28

Update on Genetics and Cancer
Devin Cox, M.S., CGC
Tuesday, May 12

Medical student research presentations
Although the annual Research Forum is canceled, medical students are still planning to briefly present their research from 9-10:30 a.m. Friday, April 17, using a virtual format. Mentors, researchers and community members are invited to observe these presentations and ask the students questions.

Join Zoom meeting
Meeting ID: 413 008 188

Save the date!
The 2021 JayDoc Community Clinic Awards Banquet will be March 20, 2021. The location is TBD.
Congratulations on your employment anniversary. We’re glad you’re here!

**Melissa Novak**
Triage LPN, KU Wichita Internal Medicine
KU Wichita Center for Health Care
April 1

**Jennifer Herington**
April 2

**Cara Gaines**
April 4

**Shelley Castor**
April 9

**Erika Burke**
April 10

**Cynthia Jantzen**
April 11

**Katie Coverdale**
April 12

**Shannon Lavigne**
April 12

**Brent Duran**
April 13

**Jan Ewalt**
April 14

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**Welcome to KUSM-W**

**Christy Jay**
Triage LPN, KU Wichita Internal Medicine
KU Wichita Center for Health Care

**Vanessa Jones**
APRN
KU Wichita Pediatrics
Severe weather preparation
COVID-19 has many adjusting to new work and home routines and has taken attention away from severe weather preparation. It is spring and the beginning months of severe storm season. While spending more time at home relying on computers, charged cell phones and streaming services such as Netflix and Hulu, take a moment to think about what you and your family would do without power. (Makes you appreciate electricity right now, doesn’t it?)

Power outages are common during thunderstorms and can last for an extended amount of time. Usually, there is very little warning as to when power will go out, so it is important to prepare ahead of time. If an electrical substation is damaged, or power poles and transformers go down, it could be days, even weeks, before power is restored.

Some things to think about and prepare for:
- Do you have a way to charge your cell phone without electricity, for example, a car charger?
- Do you have a generator? If yes, do you have fuel to power it?
- Do you have flashlights and fresh batteries?
- Do you have the means to communicate with loved ones if your cell phone battery dies?
- Do you have nonperishable foods? Do you need a manual can opener to open them?
- Do you have multiple ways to stay informed of rapidly changing weather conditions, such as phone applications and an NOAA weather radio?

Many are overwhelmed with the current COVID-19 situation and life adjustments, but do not let your guard down when storms approach. Have a plan before severe weather threatens. Review this Preparedness Guide (see page 10) or visit www.Ready.gov to learn what your plan should include. Don’t forget to practice your plan with your family.

At this time, campus weather conditions will continue to be monitored by the Safety & Emergency Management Department during normal business hours. Should the campus be in the direct path of a tornado or extreme weather, a RAVE alert (if time allows) and an overhead announcement will be made advising anyone on campus to seek shelter in the basement. The basement is located in the main building (building with the flagpoles). Tornado shelter signs are posted near stairwells that lead to the basement. If you are at home, be sure to have more than one means to receive severe weather alerts.

For more information, refer to the campus Emergency Action Guide. Copies of the guide are also located in each department. Contact Safety & Emergency Management at 293-3409, by visiting the department website or by emailing somwemergencysafety@kumc.edu.
To defend against increasingly sophisticated cyberattacks, KU Medical Center will soon be implementing multifactor authentication (MFA) across various systems. MFA provides an additional layer of security, which requires you to confirm your identity using multiple sources, such as a username and password, combined with a numerical code or notification sent to your phone. MFA uses something you know (a password), along with something you have (your phone) to secure your account and prevent unauthorized access. You may already be familiar with a type of multifactor authentication if you’ve used a debit card. A debit card uses a form of MFA, as it requires something you have (the card) along with something you know (your PIN) to authorize a purchase.

KU Medical Center has selected Duo as our multifactor authentication tool. Duo MFA will be implemented in a phased rollout across various systems over the coming months. Some systems that will require MFA include: remote access, Outlook on the web, Workday, and other specific high risk or critical applications and systems. You will be notified in advance when each system is setup to require MFA.

In preparation for multifactor authentication, it is recommended you set up your mobile device ahead of time, so you’ll be ready as MFA is enabled across KUMC systems. To setup MFA on your account, please have your mobile device available and, from a computer or secondary device, visit the MFA self-service site. During setup, you will be asked to download the Duo app from your device’s app store and, within the app, take a picture of a QR code to register your device. Please note: Do not visit the MFA self-service site using your device that has the Duo app installed. You must launch the MFA self-service site from a computer or secondary device to properly set up MFA.

If you’d like help setting up MFA on your account, please contact Wichita IT at 293-2605 or itswichita@kumc.edu for assistance. If you would like in-person help, please feel free to stop by IT on campus from 8 a.m.-5 p.m. Monday-Friday, and we will be happy to help.

Setting up MFA on your account ahead of time will not require you to immediately begin using MFA; it will only prepare you for when MFA is enabled and required on each system. If you do not setup MFA on your account ahead of time, it could present a stressful situation when you attempt to login to a system that has MFA enabled. More information about multifactor authentication, the Duo app and FAQs can be found on the MFA website. Please note: the KC campus’ contact information is provided on that page, but if you have any questions, please reach out to Wichita IT directly.

Please contact Wichita IT with any questions or concerns at 293-2605 or itswichita@kumc.edu.

Yoga sessions canceled
The remaining campus yoga sessions have been canceled until further notice.

If you have questions, please contact Samuel Ofie-Dodoo, Ph.D., assistant professor, Family & Community Medicine, at sofeidodoo@kumc.edu.
KU Today
KU Today is the official publication from the Office of Public Affairs at the University of Kansas in Lawrence. Read the current edition.

Classifieds
If you have a classified ad you’d like listed in JTO, review the guidelines and submit the online form.

JTO deadline
The submission deadline for the next issue of JTO is noon Monday, April 6. Send items of interest to wicpa@kumc.edu.

Social media
Like us on Facebook.
Follow us on Instagram.
Follow us on Twitter.
Follow us on LinkedIn.

Ask the Dean
Is there something you’d like to know from Dean Minns?
Submit your questions or comments and he’ll reply via email or in Jayhawk Talk Online.

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the university’s programs and activities. Retaliation is also prohibited by university policy. The following persons have been designated to handle inquiries regarding the nondiscrimination policies and are the Title IX coordinators for their respective campuses: Executive Director of the Office of Institutional Opportunity & Access, IOA@ku.edu, 1246 West Campus Road, Room 153A, Lawrence, KS 66045, 785-864-6414, 711 TTY (for the Lawrence, Edwards, Parsons, Yoder and Topeka campuses); Director, Equal Opportunity Office, Mail Stop 7004, 3901 Rainbow Blvd., Kansas City, KS 66160, 913-588-8011, 711 TTY (for the Wichita, Salina and Kansas City, Kansas, medical center campuses).