Jayhawks give thanks
We’re sharing Thanksgiving stories from our KUSM-W community. Here and on the following page, enjoy the traditions and reasons to give thanks of some of your fellow Wichita Jayhawks.

Kendra Engels, WCGME
There are so many things I am thankful for, but I’m especially thankful for family. So many people don’t get to spend the holidays with their family, but my husband and I both have family that live in the Wichita area. We are lucky to spend time with them not just during the holidays, but all year long.

Fred Kitchell, Human Resources, and Sara Kitchell, MPA
We have an Elf on the Shelf named Scout who arrives after Thanksgiving meals are done. The kids love it and wake up each morning until Christmas wondering where he will be and what silliness he will be up to.

Dr. Brian Pate, Pediatrics
I am so grateful for the privilege of serving the children and families of Kansas, our school, campus and students, and my department faculty, staff and residents. I am thankful to be trusted as part of a great team!

Terri Osborne, Facilities Management
In 1893, my great-grandparents started sharing their Thanksgiving holiday meal with five different farming families who lived around their farm near Wellington, Kansas. Since then, every year the same five extended families, who are not related, continue this tradition. It’s amazing how we all still share this holiday with the same group of families even after our ancestors have passed away. We cherish the 100+ year tradition that holds a special bond, memories and friendship with these individuals who have become part of our family.

Austin Scott, IT Services
My tradition for Thanksgiving is probably similar to everyone else … potluck food, family … haha! Every Thanksgiving, we gather at my aunt’s house for a noontime feast. We do it potluck style where they prepare the turkey and ham and everyone else brings a side dish and/or dessert. We typically play board games or share photos or stories about what we’ve done over the last year, as well as what we are thankful for. After the feast, and contingent on weather, some of us go on a walk with the younger kids in the family. This is to aid digestion and to not disturb those who stayed back to nap. This year, I am thankful for the great support my friends, my family and my workplace have offered me while I completed my bachelor’s degree at WSU. This is the final stretch as I am graduating in December (yes, next month!) after seven long years of college!

Kudos!
Robert Badgett, M.D., professor in our departments of Internal Medicine and Preventive Medicine & Public Health, received the Laureate Award at this year’s American College of Physicians Kansas Chapter meeting. The Laureate Award honors members of the ACP in Kansas who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education or research, and in service to their community, their chapter and the ACP. Dr. Badgett has been named "Laureate of the Kansas Chapter," a well-deserved honor for his passion and commitment to KU School of Medicine-Wichita.
More Jayhawks give thanks

Julie Galliart, Faculty Affairs & Development
I was recently talking with my parents about the year we skipped Thanksgiving. We took advantage of the break from school and went to Boston on vacation. I remember spending Thanksgiving day walking The Freedom Trail. Our route ended at Boston Common, and we had dinner at a restaurant in nearby Chinatown. If my memory is correct, I had a vermicelli bowl. It is one of my favorite, and most vivid, memories of Thanksgiving. When my daughter learns about the American Revolution in school, it is an experience I look forward to repeating with her. I am thankful to my amazing parents not only for giving me this experience in the first place, but also for teaching me something important in our recent conversation about it. As it turns out, we took that trip because my grandmother had recently passed away. We couldn’t muster the energy to go through the holiday in our usual way that year. Over time, I had forgotten that the two events were linked. As a parent myself now, I have great admiration for the way my parents created an incredible experience for me in the midst of one of life’s most challenging circumstances.

Harpreet Singh, 4th-year medical student
I would like to express how thankful I am for the community at KU Wichita, who I now consider family! I graduated college in 2012 with only $81 to my name, with no car or job. Thank you to friends (who I now consider family) who gave me a couch to crash for three years. Thank you to the leadership of Dr. Collins and the Department of Preventive Medicine & Public Health for giving me an awesome job and the inspiration to pursue my master’s in public health degree! I am now on my way to graduate from medical school in July. Thank you to everyone I see in the hallways and for random conversations (from Patty in the library, Kathy and Bob from the Facilities Management team, Jennifer in Public Affairs, Crystal in HR, Mark and Ron from the security team … the list literally goes on. The KU Wichita campus made me realize that this place is not just a place to work, but also family, and for that I am extremely thankful.

Jennifer Herington, MPA
My family has a tradition of decorating my Grandma’s main Christmas tree after eating Thanksgiving dinner. The tree is filled with angel ornaments. Each member of the family has their own angel and one by one we fill the tree with all of our families combined. It is so pretty once filled and always makes me so thankful for family and the holidays.

Jennifer Eaton, Public Affairs
My family Thanksgiving takes place at my mom and stepdad’s farm in rural Kansas. We set up a loooong table in an outbuilding (it’s heated and has a kitchen) and the entire extended family sits around it. No dreaded kids’ table for us! After eating and lounging around (usually while dozing off) for a bit, we all go outside and set up the three Christmas light trees in the yard. My stepdad is pretty meticulous when it comes to the measurements on those trees, setting and resetting the poles and wires, so that chore usually takes up the rest of the evening. My brothers and I like to tease him about how annoyed we are at his perfectionism, but I have to admit … those trees always look magnificent.

Belinda Venters, Public Affairs
When I was a little girl and my family was living on base at Fort Riley, we would go to the mess hall for Thanksgiving. Each year they had beautiful colored flowers decorating the food area. They looked like the flowers my mom created from frosting that she would use to decorate cakes, but only much larger – like the size of a softball. Each year I wanted to stick my finger in them to taste them. Well, the year finally came when I got up the nerve to do it, though I was pretty sure I’d get in trouble. After licking my finger with pretty blue pastel “frosting,” I found out it wasn’t frosting after all, but cold, instant mashed potatoes! What a shock. I would have been better off not knowing and just dreaming about large frosting flowers.

Jennifer Yuza, Rural Health Education & Services
I am so very thankful for the tradition of having both my side of the family and my husband’s side of the family over to celebrate on Thanksgiving day. For several years, my teen daughter has made her famous pecan pie (recipe compliments of the Pioneer Woman’s “pie that will make you cry”).

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We want your stories!
Is there a special event happening in your department? Do you know a student who has an interesting hobby, or who has made a significant accomplishment?

Are you involved in community outreach? An educational program? A hands-on workshop or training session?

Public Affairs wants to know about any and all of these events. There are a variety of ways we can publicize events and accomplishments in the school, but we can’t promote them if we don’t know they’re happening.

Though not every event is going to catch the attention of the media, we can still promote your event through one of our social media accounts, our monthly community newsletter or by writing our own feature story for the school’s website. Drop us an email and tell us what’s happening. We’ll share the good news.

We support you
Public Affairs offers a variety of items to support your events. Do you need a logo banner to showcase at your fair booth? We have a few. Are you serving cold drinks at an event and want something sleeker than a cooler? You can borrow one of our stainless steel beverage tubs.

Visit our website to check out photos of available items and fill out an event support request form to reserve what you need.

You can also request an appearance by our energetic and fun Baby Jay. Loved by adults and kids alike, Baby Jay will kick your event up a notch. All Baby Jay appearances must have a direct connection to KUSM-W.

How can we help?
All of us here in Public Affairs are available to assist you in a number of ways when it comes to communication, public relations and marketing.

Need something edited or proofread? We can do it. Have a speech to write? We can help. Need a flyer designed? Let us assist you.

We can also answer questions you may have about branding, including logo use. As you may know, there are specifics when it comes to that area. If you have a project that is using a logo, run it by our office and we’ll help keep you out of trouble. We’ll do our best to help you out.

wicpa@kumc.edu

Embark
The new issue of Embark is now available! This edition features stories about our awareness campaign, opioid addiction, the ACE curriculum and more.

Read it online or pick up hard copies in the Main Lobby or Public Affairs.
Voluntary contributions
Need to make changes to your 457 Voluntary Contributions for 2019? Contact Human Resources by Thursday, Dec. 20. Need to make changes to your 403b Voluntary Contributions? Contact Human Resources by Friday, Dec. 28.

HealthQuest
Want to know what’s new with HealthQuest? What is the current challenge? Where do you look? Check out the HealthQuest Monthly Newsletters to find out more.

Less than 2 MONTHS LEFT to earn your 2019 HealthQuest Premium Incentive! Eligible employees have until Dec. 31 to earn 40 credits for $480 off of your health insurance premiums ($20 per paycheck). Remember, if you have a spouse on the health plan, you must earn 40 credits each to earn the premium reduction. Go to the HealthQuest Portal to earn your credits. Don’t leave money on the table!

Did you know?
All state employees receive 10 percent off single game tickets to any Wichita Thunder home game. Enter promo code STATE at checkout. The Wichita Thunder offers family-friendly, fast-paced, hard-hitting action at an affordable price.

Career opportunities
Visit https://jobs.kumc.edu to view current job openings for all KUMC campuses. To view a list of INTERNAL ONLY job openings, current employees may log in with their KU network ID/password, select Search Jobs, then select Search Internal Jobs.
Congratulations on your employment anniversary. We’re glad you’re here.

Dana Prentice
Nov. 30

Rachna Kalia
Dec. 1

Aaron Ryan
Dec. 1

Connie Marsh
Dec. 2

Tara Richardson
Dec. 3

Seasonal reminders!
During the holiday season, it’s always a good idea to brush up on the university’s policies regarding gifts and holiday cards.

Guidelines for ACCEPTING gifts and meals
Personal gifts, regardless of value, from vendor representatives to all KUSM-W personnel are prohibited, including, but not limited to cash, gift cards, meals/food, pens, notepads and tickets or vouchers for entertainment events.

Guidelines for GIVING gifts
Giving gifts funded with state funds is prohibited and funded with private funds is strongly discouraged. Please contact Tyann Orton, assistant dean for finance, Administrative & Financial Services, at 293-3552 before you give any gifts or if you have questions.

Holiday cards
Please follow the following guidelines if your department will be sending out holiday cards:
- Cards must be purchased with private funds (state funds cannot be used).
- If Public Affairs will be creating the cards, the invoice must be paid with private funds (state funds cannot be used).
- Postage to mail the cards must be purchased with private funds (state funds cannot be used).
- Cards cannot be mailed using the KUSM-W bulk mail permit (which is paid with state funds).
- Cards should be taken to the post office and not processed through the mailroom.
Grand Rounds are in the McNamara Center (Third Floor Education Center) at Via Christi Regional Medical Center-St. Joseph Campus, 3600 E. Harry St., Wichita, Kansas. Lunch is at 11 a.m. and the speaker is from 11:30 a.m.-1 p.m.

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West Gallery
“Student Body of Work”
Selections of artworks by current medical and pharmacy students from our campus
Through Dec. 31

Featured artists are River Cook, MS3; Raney Good, PS4; Cassie Hefflin, MS2; Kelly Lembke, MS4; Grant Libra, MS3; Jennifer Phachantry, PS4; Nicole Shaw, MS4; Grace Strella, MS3; and Kathleen White, MS4.

East Gallery
“Finding My Passion”
Diane Tenbrink, ASC
Mixed media
Through Nov. 30

For more information about the William J. Reals Galleries of Art, or if you or someone you know is interested in scheduling an exhibit, contact Jennifer Eaton at 293-3534 or jeaton2@kumc.edu.
Grant awards for resident travel
The KUSM-W Office of Research will provide funds for resident travel to present research at a professional conference. Up to $2,500 may be requested.

Funds are also available for open access and publication fees. Up to $1,500 may be requested.

These funds are provided by grants to WCGME from the Kansas Biosciences Authority. View the travel grant application.

Poster printing
Need a poster printed? Send it as a PowerPoint slide (preferred) or Adobe PDF to kuposters@kumc.edu with size requirements and date needed. Please note: poster should be sized to specifications before it is sent; we will not resize or trim posters.

Posters should be sent for review to Public Affairs at wicpa@kumc.edu before printing to ensure that branding guidelines are met.

Please have PowerPoint/PDF files to us at least 48 hours in advance.

Grant award for resident pilot research
This award will provide funding to residents and their mentor faculty for resident research projects. Award amount is up to $5,000 for one year. See the RFP for more details.

There is additional funding for resident travel and open access and publication fees.

Save the date
27th Annual Research Forum
Thursday, April 25, 2019
KU School of Medicine-Wichita
Wanted: Research study participants

Many research opportunities are available. To make a referral into a clinical trial for *early Alzheimer’s disease*, *pediatric/adolescent/adult depression*, *schizophrenia* or *Type 1 diabetes*, call 316-293-1833 or email clinicaltrialunit@kumc.edu.

More information and a study interest form can be found on our [website](#).

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KU Wichita Center for Clinical Research needs participants with a diagnosis of *depression* for a research study. Volunteers may be eligible to participate if they are at least 18 years old and have *treatment resistant depression*.

Participants who may qualify should have experienced depression symptoms, be taking an antidepressant medication, and able to provide written consent to participate in the study.

Study participants will be compensated for time and travel. For information call 316-293-1833.

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KU Wichita Center for Clinical Research is conducting a research study for children and adolescents with *major depression disorder (MDD)*. Volunteers may be eligible to participate if they are 7-17 years of age and have been diagnosed with major depressive disorder.

Participants and their parent/caregiver will attend 13 appointments over 18 weeks. There is an extension study available for these participants. If the medication is helping the participant’s depression, the medication will be provided for an additional 24 weeks.

Study participants will be compensated for their time and travel. For more information call 316-293-1833.

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KU Wichita Center for Clinical Research needs participants with a diagnosis of *mild dementia due to Alzheimer’s disease*. Volunteers may be eligible to participate if they are 50-85 years of age, diagnosed with mild dementia, and have a caregiver who is able to attend all office visits with the participant.

Study participants will be compensated for their time and travel. For more information call 316-293-1833.

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KU School of Medicine-Wichita researchers are looking for individuals 45 years and younger with a parent, brother, sister or child with Type 1 diabetes or individuals age 20 years and younger with a niece, nephew, aunt, uncle, grandparent, half-brother, half-sister or cousin with Type 1 diabetes, to participate in diabetes testing at no charge.

TrialNet offers a blood test that can identify increased risk for Type 1 diabetes up to 10 years before symptoms appear. This test looks for certain markers in the blood (called autoantibodies) that signal an increased risk for the disease.

Study participants will be compensated for their time and travel.

If you are interested or want more information, contact Lisa Chrisman, recruiter, at lchrisman2@kumc.edu or 293-1833.
Pediatric Grand Rounds are from noon-1 p.m. at Wesley Medical Center, Koch B/C.

“Acute Scrotum and Undescended Testicles”
Wednesday, Nov. 28
Joel Koenig, M.D.
Children’s Mercy urologist

If you have any questions, contact Cindy Roth at croth@kumc.edu or 962-2253.
**Turn a Page. Touch a Mind.® collecting children’s books**

We are collecting new and gently used children’s books for the Turn a Page. Touch a Mind.® reading program. Books for children of all ages are needed. If you have books to donate, drop off in Public Affairs or at the KU Wichita Pediatrics Clinic at Carriage Parkway.

Before donating books, [review these guidelines](#).

If you have any questions contact Hannah Kersting at hannah.kersting@wesleymc.com.

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Nov. 16
Wichita Business Journal
2018 Corporate Citizenship Awards

Katherine Melhorn, M.D.

Nov. 13
KSN Channel 3
KSN Investigates: Groundwater contamination

Elizabeth Abiah, Ph.D., MPH
Jack Brown, MUA, R.S.

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For all the latest news stories and press releases about KUSM-W, visit our news page.
Unconscious bias training
Unconscious bias is mental associations without awareness, intention or control. These associations often conflict with our conscious attitudes, behaviors and intentions. In this workshop, we will identify how our individual backgrounds and the processes of the unconscious mind can impact critical decisions. We will discuss strategies for practicing more conscious awareness as individuals and as team members in order to make better decisions in patient care, in our organizations and in other important areas.

Join the campus community for an open session from 1-3 p.m. Monday, Dec. 10. Registration is required.

Or, contact Julie Galliart at jgalliart@kumc.edu to schedule a special training for your department, team or committee.

Unconscious bias discussion group
“Man’s Search for Meaning” by Viktor Frankl is his account of his experience as a prisoner in Auschwitz. Frankl was a psychologist, and his method—logotherapy—developed in part as a result of his experiences in the concentration camp. Frankl proposes that between a stimulus and a response, we have a space of freedom to choose how we react. We will explore the relationship of this idea to unconscious bias, while also discussing other themes in the text. The text is divided into two parts. Part I will be discussed on Tuesday, Dec. 4. Part II will be discussed on Thursday, Dec. 13. Both meetings will be from 7-8 a.m. at Panera at Central and Hillside.

External students resources and their use
Faculty work hard to prepare medical students for their Step exams. When students are at home studying, though, do you know which resources they are using? Join this session for a behind-the-scenes glance into external resources used by students to study microbiology, pathology, pharmacology and more! Common resources used for each 3rd-year rotation will also be discussed. This session is hosted by Assistant Director of Counseling & Educational Support Services Jen Dolson, M.Ed., who will be joined by a panel of Wichita medical students in their 2nd-4th years.

Tuesday, Dec. 11
1-2 p.m.
Santa Fe Room
Peripheral Arterial Disease research study

Do the following describe you?
- Overweight or obese
- Age 50 or older and English speaking
- Buttock, thigh or calf muscle cramping while walking
- Difficulty walking without frequently stopping
- Have 24-hour access to a cellphone

If so, you may have poor leg circulation and may be eligible to participate in this study. You will be compensated for your time and effort.

We are conducting a study at KU School of Medicine-Wichita that focuses on overweight/obese adults that have Peripheral Arterial Disease (PAD). To learn more about this study, please call 316-293-2687.

Culture Hour

Culture Hour is sponsored by the Office of International Programs. Meetings are noon-1 p.m. and broadcast via iTV to the Mt. Oread Room. Topics are sent out the morning of each meeting. View the schedule.

This normally biweekly event is a casual forum for students, faculty and staff to share insights, questions and concerns about culture. Bring your lunch and join in! For questions, please contact Alexa Smith at asmith5@kumc.edu.
This year, 65 students from nearly 20 area high schools participated in Doc for a Day on Nov. 3 at KU School of Medicine-Wichita, where they got to see firsthand what medical school and medical careers are like. The students, all high school juniors and seniors, are recommended for participation in the program by their high school principal or guidance counselor. Read more here. You can also view the entire online photo gallery.
KU Today
KU Today is the official publication from the Office of Public Affairs at the University of Kansas in Lawrence. Read the current edition.

Classifieds
If you have a classified ad you’d like listed in JTO, review the guidelines and submit the online form.

JTO deadline
The deadline for the next issue of JTO is noon Monday, Nov. 26. Send items of interest to wicpa@kumc.edu.

Social media
Like us on Facebook.
Follow us on Instagram.
Follow us on Twitter.
Follow us on LinkedIn.

Ask the Dean
Is there something you’d like to know from Dean Minns?
Submit your questions or comments and he’ll reply via email or in Jayhawk Talk Online.

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the university's programs and activities. Retaliation is also prohibited by university policy. The following persons have been designated to handle inquiries regarding the nondiscrimination policies and are the Title IX coordinators for their respective campuses: Executive Director of the Office of Institutional Opportunity & Access, IOA@ku.edu, 1246 West Campus Road, Room 153A, Lawrence, KS 66045, 785-864-6414, 711 TTY (for the Lawrence, Edwards, Parsons, Yoder and Topeka campuses); Director, Equal Opportunity Office, Mail Stop 7004, 3901 Rainbow Blvd., Kansas City, KS 66160, 913-588-8011, 711 TTY (for the Wichita, Salina and Kansas City, Kansas, medical center campuses).