Ease your transition into college...
...Optimize your potential.

Are you struggling with the demands of college life?

The Prairie View Student Assistance Program helps you develop the tools you need to deal with stress and other issues when they arise.

- Balancing College, Work and Personal Life
- Stress and Anxiety
- Drugs and Alcohol
- Grief and Loss
- Food and Body Image Concerns
- Interpersonal Relationships
- Productivity
- Trauma and/or Domestic Violence
- Learning Disabilities

Call today to learn how to optimize your potential and enhance your emotional well-being.

Prairie View
www.prairieview.org
1-800-992-6292